



# Kilwinning 565 News

## From The Chair



Greetings Brethren,

Happy New Year, my dear brethren!

As we celebrate the dawning of the year 2020, we have a tremendous opportunity to look forward to all the wonderful opportunities and adventures which this year has in store for us.

We have been blessed with some most excellent candidates in the past year, and this trend seems to be holding. As, in January, we will initiate Ronald Marin Carvajal, whom we've all gotten to know quite well. In

addition to that, we have 3 new applicants who will have visits from our investigating committees this month.

Reflecting on last year, we had many challenges and triumphs. Our ritual work continues to strengthen, and the level of dedication from the members and officers makes me so proud, I can't begin to quantify.

This year, we have a packed schedule.

In January, we'll have our annual Robbie Burns Supper.

In February, we host our District Deputy

Grand Master; Right Worshipful Brother John McLaughlin on the occasion of his official visit.

In October, we have the honour and privilege of celebrating our centennial year. Needless to say, this is a rare event. Please let the principal officers know how and what you can do to help make this an absolutely unforgettable event.

With all that lies ahead of us this year, I'd like to touch on a particular subject: Service.

Life heaps endless tasks upon us. We

*(Continued on page 2)*

### Inside this issue:

Message from the Chair	1
Lodge News	2
Article—Why does the SD Await The Return Of The JD	3
Words of Wisdom—from the enlightened	4
Chef's Corner / Architecture Corner	5
Further Light	6
Upcoming Events—in the District and beyond	9

(Continued from page 1)

have jobs, families, and other responsibilities. Aside from the aforementioned, we owe our service to the craft, and our lodge.

A deep debt of gratitude is owed to those brethren who have come before us and buoyed up our lodge. They've entrusted to our care, the most precious of gifts. It is up to us to ensure that this lodge carries on its fine traditions, and remains a force for good in the craft and in our com-

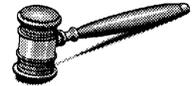
munity. This lodge needs all of its members to tote part of the load.

Take the time to volunteer for a committee and keep our lauded traditions alive. There are no small roles. Each one of us has something uniquely special to offer to the lodge by way of service.

We as Masons know that labour is the lot of man. So let's all chip in and keep this wonderful lodge

a well respected model of Freemasonry in our district and jurisdiction.

Sincerely and Fraternaly,  
W. Bro. James Low



## Lodge News



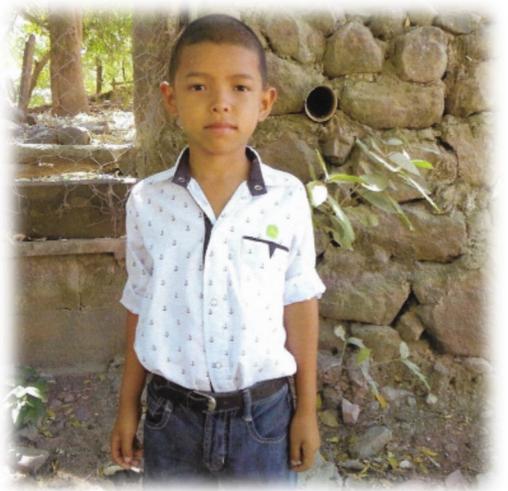
Bro. David Gray after being raised to the sublime degree of a Master Mason

## Our new sponsored child

Our previous sponsored child, Yunior Ramon Benitez Munoz, has graduated from Plan International's Child Sponsorship Program. Yunior is now empowered with skills, opportunities and resources to unleash his full potential and create a happy, healthy future, where anything is possible. We helped with that.

We now sponsor Yoel Orlando Oyuela Castillo, who will be receiving the same benefits. He also resides in Choluteca, Honduras, an area of high need where poverty, inequality and a lack of opportunity are par.

Yoel is seven years old and attends primary school. His mother is a housewife, his father is a factory worker, and he has a brother of 6 years old.



## Why Does The SD Await The Return Of The JD At The Opening Of The Lodge?

In the early years of Freemasonry there were many secret groups or societies working against the Crown of England. Parliament enacted the "Unlawful Societies Act" of 1799 banning all Secret Societies that required their members to take oaths. Its prime object was to suppress all secret activity that could involve the Jacobites and the Roman Catholic Church. After considerable debate in the House of Commons, the Bill was passed with some amendments. One was to specifically exclude Freemasonry from the requirements of the Act. This, it is thought, was because of the loyalty to the Crown expressed by the Members of Parliament, both the Commons and Lords, who were active members of Masonic Lodges as well as Grand Lodge.

As a result of the exemption, all Masonic Lodges, on their meeting night, were required to list the names of all members and visitors attending. This list was prepared by the J.W. and handed by him to the J.D. for the latter to deliver to the Clerk of the Peace. The J.D. then returned to the Lodge post-haste and reported to the J.W. The S.D. could then return to the W.M., report the return of the J.D., and the W.M. would then open his Lodge and conduct its business.

Later, this requirement was amended to a list of names and addresses of all members of a Lodge to be returned by the Lodge Secretary to the Clerk of the Peace annually. This requirement for an annual return ceased in 1967 when an Act of Parliament repealed the Act of 1799.

It is still the responsibility of the J.W. to ensure that any visitor to the Lodge is vouched for and is known to the Brethren.

### References

- Communications of UGLE Q. and A. by Hepburn, C.
- Freemasons Pocket Reference Book by Fred L Pick and G. Norman Knight (Publisher: Frederick Muller Ltd; 7th Revised edition (Feb. 3 1983))

## Words of Wisdom

*"The mystic knows only too well the value and danger, the goodness and the evil, that lies in the power of mentally creating. We know that if we hold in our minds a picture and give it the vibrations of living possibility, and if we prophetically proclaim that it is to be or will be, we bring it about; we create it in the world of actuality, by transferring it from the world of reality to material manifestation. We know that as each hour of the day passes, the things which we have held in our imagination and which we now allow to pass into the chamber of mental alchemy are likely to be crystallized immediately in earthly form. We must, therefore, be pure minded. We must be pure and holy in our imaginary concepts. We must keep the chamber of mental alchemy so clear and so wholesome and of such a high standard that no evil thought, no evil admission, no unholy concept of our earthly imagination may take form there and grow and be born in the world of actuality."*

H. Spencer Lewis

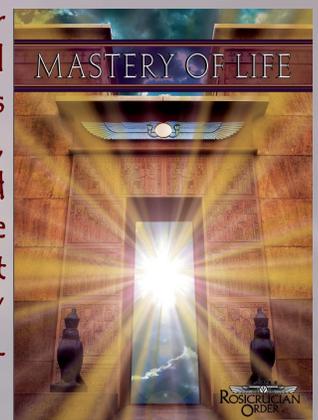
*"Meditation is a transformation of consciousness. When we meditate we change our state of receptivity, like tuning to a higher wavelength. Meditation is attunement."*

Rosicrucian Manuscript

*"Mysticism teaches cosmic laws and principles by which we are brought into closer consciousness of our divine power. The mystical experience of union with the One imposes upon the mystic a moral obligation – to use this knowledge for the welfare of others."*

Rosicrucian Manuscript

Are you seeking the spiritual wisdom necessary to experience the connectedness with the miraculous world around us and to develop Mastery of Life.? The Rosicrucians Order AMORC is a community of mystics who study and practice the metaphysical laws governing the universe. Much of the material in the Rosicrucian teachings cannot be found anywhere else. If you wish to walk the path of the mystic, then contact AMORC at <https://www.rosicrucian.org/rosicrucianism> and



download the free booklet "Mastery of Life" for more information.



### Links

- Lodge Website: [kilwinning565.com](http://kilwinning565.com)

This site has back issues of the newsletter, and many articles.

- District Website: [www.torontowestdistrict.com](http://www.torontowestdistrict.com)

Educational articles can also be found on the District web site.

- Grand Lodge: [www.grandlodge.on.ca](http://www.grandlodge.on.ca)



## Nigerian Beef Stew

This stew is so special that it is served as the main dish during the holidays in Nigeria.

### Ingredients

- 3 red bell peppers
- 400 g canned chopped tomatoes
- 1 medium onion
- 3 scotch Bonnet
- 3 tsp chicken bouillon powder use according to preference
- 1 tsp salt
- 1 tsp oregano optional
- 1 kg beef
- 1 cup veg oil
- ½ tsp curry optional
- ½ tsp thyme optional

### Method:

1. Boil beef with 2tsp bouillon powder, 1/2 tsp salt and



chopped onion, oregano and boil till tender. This should take between 20 minutes or longer depending on the cut of meat used. Take the beef out of the stock, and reserve stock for later

2. Place a saucepan on medium heat, add vegetable oil and heat till hot, carefully drop the meat into the hot oil and fry until golden brown.
3. Place the fried beef on a kitchen towel and move on to cooking the stew
4. To the hot oil, carefully add the pepper mix, stir to combine, cover the pan with a lid and cook for 10 minutes. Stir to combine,.
5. Add curry and thyme and stir to combine.
6. Add bouillon powder or salt. Return the fried beef to the stew, stir until well combined and continue to simmer for another 10 to 15 minutes or until oil floats on top of the stew. Turn off the heat and serve stew warm with side of choice

Serve as desired

It is perfect with plain boiled rice but also great with bread, yam, plain okra.

(Recipe by MyActiveKitchen)

## Architecture Corner

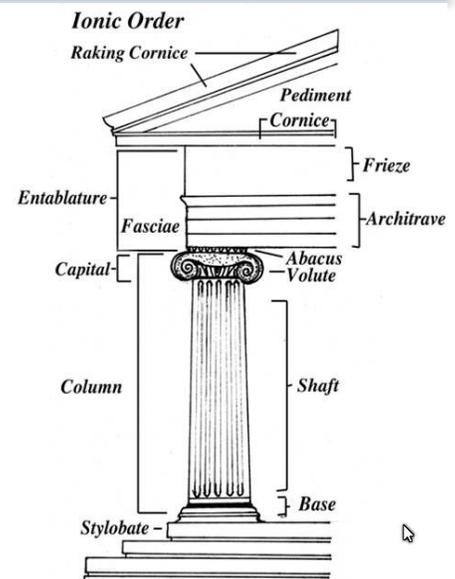
by W. Bro. Rob Lund

### Architectural features: Ionic Order detail

The major features of the Ionic order are the volutes of its capital. The only tools required to design these features were a straight-edge, a right angle, string (to establish half-lengths) and a compass.

Below the volutes, the Ionic column may have a wide collar or banding separating the capital from the fluted shaft or a swag of fruit and flowers may swing from the clefts or "neck" formed by the volutes.

The Ionic column is always more slender than the Doric; therefore, it always has a base: Ionic columns are eight and nine column-diameters tall, Ionic columns are most often fluted.



# Further Light

## Reflections

The Newsletter of the Committee on Masonic Education is published quarterly. Its goal is to make available articles and presentations written for Masons of Ontario.

There is no longer any cost for this magazine as it is included in the Ontario Mason publication, which is emailed to you, and can also be found on the Grand Lodge website. Back issues can also be found there.

Reflections is always seeking articles about Freemasonry written by Freemasons. Please submit them to its Editor, Bro. Andrew Douris, F.C.F., e-mail: deo-non-fortuna@hotmail.com. Articles are often approximately 1,200 words in length. Articles of special merit might be printed in sections over several issues while short articles provide an excellent resource for a brief Masonic Education moment in Open Lodge.

Please adhere to the following deadlines for submissions: Fall issue = August 1, Winter issue = November 1, Spring issue = February 1, Summer issue = May 1.

## College of Freemasonry

The Grand Lodge Committee on Masonic Education offers interesting Correspondence Courses on Masonic Education throughout this Jurisdiction which is comprised of nineteen different modules.

Any Master Mason may take any module individually for \$10.00 each

or they may wish to complete a course of study for a set fee. If a Brother takes an individual module today, and decides to complete a course of study later in time, he will be accredited with the module he has completed prior. In other words, he does not have to pay for or re-write what he has already completed in the past. There are three courses of study offered by the College of Freemasonry:

1. "The Masonic Arts and Sciences" course (eighteen modules).
2. The "Past Master's course" (eleven modules)
3. The "Worshipful Master course" (eight modules). Any Brother looking to run for the DDGM of heir District or Grand Registrar, the course required by the Book of Constitution, Section 50(b), is the "Past Master's Course". This course is also great for those looking to be a District Secretary.

For those who wish to pay by cheque, please send it to W. Bro. George Warner, 4010 Chadburn Crescent, Mississauga, ON, L5L 3X2. For those who wish to pay via credit card, just fill in the application form and send it to masonic.college@gmail.com, and the Brother will be emailed payment instructions through Paypal (an account is not necessary). If any Brother has any questions, they may email R.W. Bro. Rick Cadotte, FCF, Principal, College of Freemasonry, masonic.college@gmail.com.

Y

ou may also get information by going to the Grand Lodge Website, sign in,

click "Membership", then "College of Freemasonry". There are many electronic books and other resources there.

## Heritage Lodge

Heritage Lodge No. 730 G.R.C. was formed to provide an intellectual environment for the pursuit of Masonic knowledge and also to provide a means for receiving and recording historical artefacts to ensure the preservation of our Masonic Heritage without encroaching on the normal functions of Constituent Lodges.

Heritage Lodge accepts, by affiliation in the usual manner, all Masons of like-mind, desirous of working together to fulfil the aims and objectives established by the membership.

The Lodge Secretary is V.W. Bro. Arnold (Mac) McCausland, e-mail: secretary@heritagelodge730.ca. The fee for Affiliation is \$ 55.00 and the annual dues are also \$ 55.00.

## The Hidden Code In Freemasonry



Finding Light through Esoteric interpretation of Masonic ritual

Robert V Lund

## More Books by W. Bro. Robert V. Lund

### Esoteric Handbook For The Entered Apprentice Mason

This book is intended to make known, to the newly initiated Mason, those esoteric principles that underlie our amazing Masonic Degree rituals.

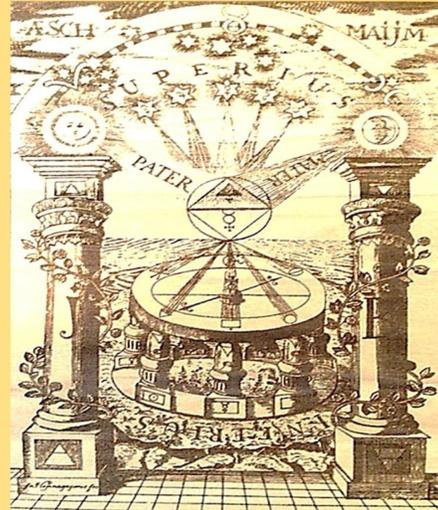
It is the first of a series of three books, each dealing with a specific Degree.

These books are intended to provide a deeper insight to the ceremonies beyond what appears on the surface. Once the moral lessons have been learned and assimilated, the Entered Apprentice Mason can now start peeking behind the veil and delving into the secrets and mysteries of Ancient Freemasonry.

It is hoped that this book will satisfy the craving for knowledge that is being demanded by our younger Brethren, who seek answers to everything within the Craft, and who seek meaning to their existence.

This book also contains extracts from both of my first two books: The Hidden Code in Freemasonry and Mystic Masonry.

### *ESOTERIC HANDBOOK For The Entered Apprentice Mason*



*Robert V Lund*

### A Simple Way To A Spiritual Path

#### *A Simple Way To A Spiritual Path*



*Robert V Lund*

This book is aimed at those who would like to be more spiritual and wish to start on a spiritual path in a simple, easy to understand way but are not sure how to go about it.

I offer this simple guide to the "beginner", without complexity, without new age nonsense, without a lot of words, to help those who are seeking the way.

I have deliberately kept this book as short and concise as possible in order to help the reader to be able to keep the salient points in mind and not be overwhelmed with this knowledge.

Included in this book is the  
**SECRET TO HAPPINESS!**

## More Books by W. Bro. Robert V. Lund

### Esoteric Handbook For The Fellowcraft Mason

This book is aimed, primarily, at the Mason who has passed to the Second Degree, but it is also for those older Masons who have not delved into the depth of meaning in Masonic ceremonies.

As Freemasonry is a system of morality, veiled in allegory and illustrated by symbols, this book takes a look at what those allegories and symbols are hinting at.

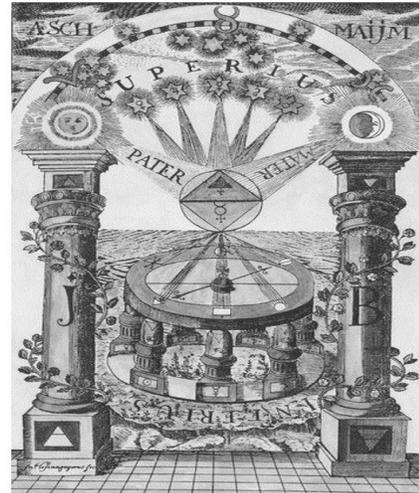
This book delves into the layer of meaning in the ceremony of Passing, beyond the obvious moral lessons, and points the Mason who seeks light towards a more spiritual understanding of himself and the reason for his existence in this world, and an understanding of the true meaning of the hidden mysteries of Nature and Science.

This is the second of three volumes, each aimed at one of the three Craft Degrees.

### ESOTERIC HANDBOOK

For The

### Fellowcraft Mason



Robert V Lund

### Mystic Masonry

Freemasonry is regarded by Masons as the science of knowing oneself. As far back in time as the ancient Greeks, the ancient Egyptians, even to Atlantean times, Mankind has sought to acquire knowledge of

### Mystic Masonry

An esoteric interpretation of the symbols in Freemasonry



Robert V Lund

human nature, and the purpose of human existence. This has always led to an orientation of the seeker of light towards knowledge of the Creator. Freemasonry exists for just this purpose. This may be denied by many Masonic Brothers who

have not meditated on our rituals, who have not heard the messages embedded in them wanting all Brethren to look behind the veil.

There are reasons why every symbol and every allegory in Freemasonry should be deemed important to a Mason. Knowledge can be preserved in symbols and, often, those that preserve them can be ignorant of what they preserve.

For those who continue to search for the deeper meaning behind Masonic symbols, consider yourself more enlightened than those who do not seem to understand the words "veiled in allegory and illustrated by symbols".

The Craft's symbolism is a system of great depth, and only appears simplistic to those who view it superficially. However, when we research industriously, the true light of Freemasonry will unfold.

This book brings to light some of the deeper meaning behind Masonic symbols.

# Upcoming Events

**It's in your power to give!**



**You too... can save lives!**

**Click here..**



# Toronto West Wardens Association

**Do you have ???**



**need answers**



**is inviting all Master Masons  
to attend the first Saturday  
of every month Sept. to May.**



**We have the answers...no matter the  
questions**

## **Topics discussed**

**Openings & Closings  
Protocol & Etiquette  
"The WORK"**

**Senior Officers (Wardens & Deacons)  
Junior Officers (Stewards & IG)  
Special Meetings  
Are You Ready?**

**Click here...**

INFORMATIVE  
INTERESTING  
RELEVANT

PRACTICAL



The CUSTODIAN OF THE WORK invites all *Master Masons* to attend a multi-District Lodge of Instruction for TORONTO HUMBER VALLEY DISTRICT and for TORONTO WEST DISTRICT on February 22, 2020.

*This Lodge of Instruction will be held at  
Weston Masonic Temple,  
2040 Weston Road, Toronto*

This workshop will focus on  
**THE MECHANICS OF THE WORK** for each Degree.

**PROGRAM:**

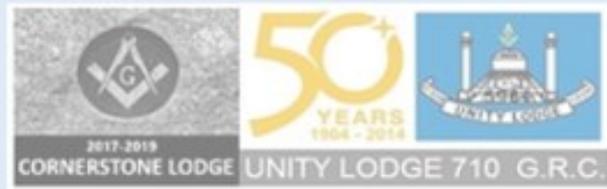
- REGISTRATION – from 8:00 AM until 8:59 AM
- THIRD DEGREE – from 9:10 AM until 9:45 AM
- SECOND DEGREE – from 9:45 AM until 10:15 AM
- FIRST DEGREE – from 10:15 AM until 10:45 AM
- P&E/Q & A – from 10:45 AM until 11:30 AM



**NO  
REGALIA**

**DRESS CODE**  
Smart Casual

**LODGE WILL NOT BE OPENED**



**Unity Lodge No 710**  
invites you to their  
**ANNUAL**

*Burns*  
**SUPPER**

**955 Clark Blvd, Brampton**  
**The Brampton Masonic Center**

**Saturday, 18th January 2020**  
**Cocktails 6:30 pm**  
**Piping in of Haggis at 7:30 pm**

**Highland Dancing, Piper and DJ Dancing to Follow**

**Tickets \$35/pp \$65/couple      Door Prizes, Cash Bar**

**Contact Bud Sukhu @ [unityno710@gmail.com](mailto:unityno710@gmail.com)**

**Save the Date**

***District Education Night***

Hosted by:

***Jonic Lodge No 229***

Tuesday, April 28<sup>th</sup>, 2020

955 Clark Blvd, Brampton, On.

Dinner at 6:00pm, Education at 7:00 PM

Details to follow

**Save the Date**

# Upcoming Events

**SAVE THE DATE**

**GRAND MASTER'S GALA  
CELEBRATING IONIC LODGE 229's  
150th YEAR ANNIVERSARY**

**SATURDAY AUGUST 22nd, 2020  
COURTYARD BY MARRIOTT HOTEL  
90 BISCAYNE CRES. BRAMPTON, ON  
6:00 pm start  
FORMAL ATTIRE  
Rooms available  
Dinner, Dancing, Live Band**

## Official Visits

Tuesday, January 14, 2020 6:00pm  
Official Visit - Ionic

Friday, January 17, 2020 6:00pm  
Burns Night - Kilwinning

Saturday, January 18, 2020 6:30pm  
Burns Supper - Unity

Thursday, January 23, 2020 6:30pm  
Burns Night - University

## Installations

None

## Other

Saturday, January 4, 2020 9:00am  
Wardens Association

Check the District Web Site for details, updates, and more upcoming events:

<http://www.torontowestdistrict.com/calendar.html>

This newsletter was compiled and edited by W. Bro. Rob Lund

Any contribution for content, or comments, can be emailed to [roblund@gmail.com](mailto:roblund@gmail.com)