



Kilwinning 565 News

From The Chair



Brethren,

In my very first message from the east, I would like to express gratitude.

I'm extremely grateful for the expert and tireless leadership that W. Bro. Keith Thomson has provided over the last year. He has left some very big shoes to fill. Not only did he meet all of his objectives, but he also set our lodge up for continuing success.

I am eternally grateful for the efforts of W. Bro. Alex Thomson, for going above and beyond in arranging my installation as master, and the investiture of this years elected and appointed officers. As well as W. Bro. Phil Horrigan, for executing yet another legendary banquet, and Bro. Connell O'Leary, his stewards and of course, the unstoppable

Shelly Maki-Filippi, for their help in the kitchen.

And finally, I am overwhelmingly grateful for you my brethren of Kilwinning. I am deeply touched, and humbled by the trust you have placed in me. By electing me as master, you have entrusted the government, and well-being of this lodge to my care, and I can think of no better way to reward that trust, than to make sure that the faith you have placed in me, is not taken for granted.

I pledge to you, that by the time my tenure as master of this lodge comes to an end, that I will have continued, and expanded on the diligent work of my predecessors.

Thank you again for your trust.

As we move towards

our summer hiatus, I'd like to remind you of our annual visit to Kilwinning Lodge no. 64 in London. This has been a tradition for many years. For those who have never made the trek, it's always a good time, and great fellowship. Please keep in touch with your brothers to arrange rides.

The approaching warm weather also marks the yearly events related to the Grand Lodge of Canada in the Province of Ontario annual convocation. The Master, Wardens, and Past Masters should try their best to make themselves available to participate in Grand Lodge and District voting. One very memorable aspect of Grand Lodge, is the fellowship experienced at

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the hospitality suites. I would like to take this opportunity to remind you about one particular cardinal virtue: Temperance. In years past, there have been reports from other guests, of brethren over-imbibing and causing a disturbance in the hotel.

It is of paramount importance for us to remember that we are the public face of Freemasonry. As such, we should be very careful to ensure that our actions, do not bring shame or embarrassment to our beloved institution. If you plan to attend, please moderate yourselves, and be on your best behaviour.

I very much look forward to seeing you back in lodge in the fall, but hope to see you all over the summer.

Sincerely & Fraternally,
W. Bro. James Low
Worshipful Master

A Word from the Editor

You will have noticed that there was no Newsletter for the months of May and June. For this I apologize.

As you may know, I underwent Cardiac surgery in April. Recovering from Cardiac Surgery has been a lot more debilitating than I imagined. It has left me feeling weak, helpless and useless. I am not allowed to lift or move anything heavier than 10 Lbs, I am not allowed to drive. The slightest effort exhausts me, even talking.

However, I have managed to keep up with the Lodge Secretarial duties, especially those where

the Lodge could be chastised and even fined for tardiness.

As regards the Newsletter, I have combined the May, June, July editions and will also combine August and September.

I know that some of our members enjoy the newsletter, as do some members of other Lodges in the District.

Enjoy your Summer and let me have any articles or pictures that may be of interest to the members.

Rob Lund

Lodge News



Left:

This is a recent picture of Yuniór-Ramón Benítez Muñoz—the child sponsored by Kilwinnning 565 through Plan International,

Yuniór lives in Choluteca, a region within Honduras, South America.

Yuniór is now 17 years old.

He attends Secondary School and his favourite subjects are Science and (local) Language.

This may be the last year we can sponsor him, due to his age.



Lodge News



Above and below right: The occasion of W. Bro. James Low's Installation as Master of Kilwinning 565 on Saturday, April 27.

Below:

Nicolas Joukhadar after being raised to the second Degree.



Below:

Michael La Guff being initiated into our Craft.



Words of Wisdom

"The first step is to control and order our thinking. Too many of our failures yesterday were self-created by our own negative thinking. Sooner or later we are going to have to realize and accept that fact. The unhappy consequences of our own negative thinking are going to be presented in our lives repeatedly until finally we realize that we are punishing ourselves. Then we will begin to think positively always and our lives will begin to change. This is nature's way of teaching. It is simply a matter of will to control our thinking. It is just as easy to think that we shall succeed as to think that we shall fail. It is no more difficult to think that we will feel better than to think that we shall decline and feel worse. We need simply to decide whether to expect happiness and good things today, or unhappiness and disappointing experiences. Remember, we create, whether we like it or not!"

Rosicrucian Manuscript

"Meditation is a transformation of consciousness. When we meditate we change our state of receptivity, like tuning to a higher wavelength. Meditation is attunement."

Rosicrucian Manuscript

"Mysticism teaches cosmic laws and principles by which we are brought into closer consciousness of our divine power. The mystical experience of union with the One imposes upon the mystic a moral obligation – to use this knowledge for the welfare of others."

Rosicrucian Manuscript

If you are interested in gaining further light through the following:

- The ancient wisdom and mysteries
- Investigating the unexplained laws of Nature, and the powers latent in man

Consider joining the Theosophical Society to understand the secrets of nature and science, the true nature of the universe, and your latent powers.

Our motto is: *"There is no religion higher than Truth"*

For further information, contact:

Rob Lund, President, York Lodge of the Theosophical Society at robvlund@gmail.com



Links

- Lodge Website: kilwinning565.com

This site has back issues of the newsletter, and many articles.

- District Website: www.torontowestdistrict.com

Educational articles can also be found on the District web site.

- Grand Lodge: www.grandlodge.on.ca



Indian Butter Shrimp

Prep time: 10 mins. Cook time: 20 mins.

Ingredients

- 2 pounds large shrimp, peeled and deveined with tails intact
- ½ cup butter
- 2 cloves garlic, crushed
- 1 teaspoon ground cumin
- 1 teaspoon paprika
- 1½ teaspoons garam masala
- 2 tablespoons tandoori paste
- 2 tablespoons tomato paste
- 1¼ cups whipping cream
- 1 teaspoon honey
- ⅓ cup plain yogurt
- 2 tablespoons fresh cilantro, chopped
- 1 tablespoon sliced almonds
- Cooked rice and lemon wedges to serve

Method:

- In a large, deep skillet, melt the butter over medium heat. Add the garlic, cumin, paprika, and 1 teaspoon of garam masala and cook for 1 to 2 minutes until fragrant. Add the tan-



door paste and tomato paste, stirring to incorporate, and cook for another 2 minutes. Stir in the cream and honey, then reduce heat and simmer for 8 to 10 minutes, or until sauce begins to thicken.

- Add the shrimp to the skillet and cook for about 10 minutes at a simmer until the shrimp are pink and cooked through. Remove pan from heat and stir in the yogurt, remaining garam masala, and half of the cilantro. Season to taste with salt and pepper.

- Serve over cooked rice and garnish with remaining cilantro, lemon wedges, and slivered almonds.

Enjoy!

(recipe by Allison)

Architecture Corner

by W. Bro. Rob Lund

Architectural features and Glossary (contd.)

Stick-work

A wooden grid of boards overlaid atop an exterior surface. See lattice-work.

Striated Brick

Brickwork made up of rows of bricks of alternating colors, typically red and white.

Stucco

A plaster used as a coating for walls and ceilings, and often used for decoration; it is common to many parts of the world, particularly to the Mediterranean region and to the regions of the United States once colonized by Spain (i.e., Florida and California).

Terrace

An outdoor extension of a building, situated above the ground level, and open to the sky. See patio.

Thatched Roof

A roof covered with straw, which is layered so as to shed rain quickly and effectively.

Tile Roof

A roof covered with tiles that are usually hollow and half-cylindrical in shape, and made out of clay. Tile roofs are common in many parts of the world, including the Mediterranean and the Southwestern United States.

(to be continued)

Further Light

Reflections

The Newsletter of the Committee on Masonic Education is published quarterly. Its goal is to make available articles and presentations written for Masons of Ontario.

There is no longer any cost for this magazine as it is included in the Ontario Mason publication, which is emailed to you, and can also be found on the Grand Lodge website. Back issues can also be found there.

Reflections is always seeking articles about Freemasonry written by Freemasons. Please submit them to its Editor, Bro. Andrew Douris, F.C.F., e-mail: deo-non-fortuna@hotmail.com. Articles are often approximately 1,200 words in length. Articles of special merit might be printed in sections over several issues while short articles provide an excellent resource for a brief Masonic Education moment in Open Lodge.

Please adhere to the following deadlines for submissions: Fall issue = August 1, Winter issue = November 1, Spring issue = February 1, Summer issue = May 1.

College of Freemasonry

The Grand Lodge Committee on Masonic Education offers interesting Correspondence Courses on Masonic Education throughout this Jurisdiction which is comprised of nineteen different modules.

Any Master Mason may take any module individually for \$10.00 each or they may wish to complete a course of study

for a set fee. If a Brother takes an individual module today, and decides to complete a course of study later in time, he will be accredited with the module he has completed prior. In other words, he does not have to pay for or rewrite what he has already completed in the past. There are three courses of study offered by the College of Freemasonry:

1. "The Masonic Arts and Sciences" course (eighteen modules).
2. The "Past Master's course" (eleven modules)
3. The "Worshipful Master course" (eight modules). Any Brother looking to run for the DDGM of their District or Grand Registrar, the course required by the Book of Constitution, Section 50(b), is the "Past Master's Course". This course is also great for those looking to be a District Secretary.

For those who wish to pay by cheque, please send it to W. Bro. George Warner, 4010 Chadburn Crescent, Mississauga, ON, L5L 3X2. For those who wish to pay via credit card, just fill in the application form and send it to masonic.college@gmail.com, and the Brother will be emailed payment instructions through Paypal (an account is not necessary). If any Brother has any questions, they may email R.W. Bro. Rick Cadotte, FCF, Principal, College of Freemasonry, masonic.college@gmail.com.

You may also get information by going to the Grand Lodge Website, sign in, click

"Membership", then "College of Freemasonry". There are many electronic books and other resources there.

Heritage Lodge

Heritage Lodge No. 730 G.R.C. was formed to provide an intellectual environment for the pursuit of Masonic knowledge and also to provide a means for receiving and recording historical artefacts to ensure the preservation of our Masonic Heritage without encroaching on the normal functions of Constituent Lodges.

Heritage Lodge accepts, by affiliation in the usual manner, all Masons of like-mind, desirous of working together to fulfil the aims and objectives established by the membership.

The Lodge Secretary is V.W. Bro. Arnold (Mac) McCausland, e-mail: secretary@heritagelodge730.ca. The fee for Affiliation is \$ 55.00 and the annual dues are also \$ 55.00.

Mystic Masonry

An esoteric interpretation of the symbols in Freemasonry



Robert V Lund

The Hidden Code In Freemasonry



Finding Light through
Esoteric interpretation of
Masonic ritual

Robert V Lund

More Books by W. Bro. Robert V. Lund

Esoteric Handbook For The Entered Apprentice Mason

This book is intended to make known, to the newly initiated Mason, those esoteric principles that underlie our amazing Masonic Degree rituals.

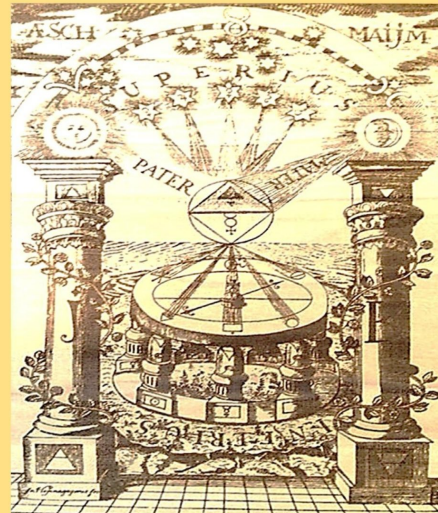
It is the first of a series of three books, each dealing with a specific Degree.

These books are intended to provide a deeper insight to the ceremonies beyond what appears on the surface. Once the moral lessons have been learned and assimilated, the Entered Apprentice Mason can now start peeking behind the veil and delving into the secrets and mysteries of Ancient Freemasonry.

It is hoped that this book will satisfy the craving for knowledge that is being demanded by our younger Brethren, who seek answers to everything within the Craft, and who seek meaning to their existence.

This book also contains extracts from both of my first two books: The Hidden Code in Freemasonry and Mystic Masonry.

ESOTERIC HANDBOOK For The Entered Apprentice Mason



Robert V Lund

A Simple Way To A Spiritual Path

A Simple Way To A Spiritual Path



Robert V Lund

This book is aimed at those who would like to be more spiritual and wish to start on a spiritual path in a simple, easy to understand way but are not sure how to go about it.

I offer this simple guide to the "beginner", without complexity, without new age nonsense, without a lot of words, to help those who are seeking the way.

I have deliberately kept this book as short and concise as possible in order to help the reader to be able to keep the salient points in mind and not be overwhelmed with this knowledge.

Included in this book is the
SECRET TO HAPPINESS!

Upcoming Events



Come to Ionic 229's Summer BBQ, catered by Peel Shrine Club. Our WMW Award Recipient, George Burrows, turns 101 this month. Come help him celebrate!!

Ionic Lodge #229 Golf Tournament		Celebrating 150 years		011
Sept 21st, 2019, \$150/Person		Ionic Lodge #229 Golf Tournament		
Full Name:		Saturday Sept 21st, 2019		
<input type="text"/>		Orangeville Golf Club		
Email:		20485 Willoughby Road		
<input type="text"/>		Orangeville, ON L9W 2Z7		
Contact Number:		Shotgun start time 1 pm!		
<input type="text"/>		\$150 per Person		
Lodge (optional):		<small>Your golfing spot is only guaranteed, once your payment has been received.</small>		
<input type="text"/>				

1PM Scramble Start. Includes draws, prizes, Hole in One event, beat the Jr. Pro, followed by dinner. Limited spots. Contact any Ionic 229 member for tickets or more details.

Toronto West Wardens Association

Do you have ???



need answers



**is inviting all Master Masons
to attend the first Saturday
of every month Sept. to May.**



**We have the answers...no matter the
questions**

Topics discussed

**Openings & Closings
Protocol & Etiquette
"The WORK"**

**Senior Officers (Wardens & Deacons)
Junior Officers (Stewards & IG)
Special Meetings
Are You Ready?**

Click here...

Upcoming Events



June

Tuesday, June 18 6:30pm
Meet the Grand Lodge Candidates

Friday, June 28 6:30pm
Installation, Ibrox Lodge No. 740

July

Monday, July 15 to Friday July 19
Grand Loge Communication

September

Saturday, September 7 9:00am
Wardens Association

Saturday, September 21 1:00pm
Ionic 229 Golf Tournament

Check the District Web Site for details and updates, more upcoming events, and pictures from past events:

<http://www.torontowestdistrict.com/calendar.html>

This newsletter was compiled and edited by W. Bro. Rob Lund

Any contribution for content, or comments, can be emailed to robvlund@gmail.com