



# Kilwinning 565 News

## From The Chair



Brethren,

As winter storms bear down on us, I have found a lot of time trapped indoors to reflect and examine our recent Kilwinning events.

I'm sure everyone will agree that our Robbie Burns evening was a tremendous success. To everyone involved in the planning and execution, I would like to give my sincerest thanks and praise. The Brethren worked hard and frantically to get everything ready on time.

I also would like to thank everyone who helped with and participated in Burns Anderson's 50 year pin presentation. I believe being a part of that event will be one of the things I remember most about my year in

the East.

I have often criticized myself for putting far more emphasis on the business of the day and the importance of the solemnity of ritual and recognition. I must remind myself of the importance of all the joyous occasions too. The successes we have enjoyed, and the brotherly love we have been a part of, should stay forefront of our minds.

We must strive to strike a due balance in all we do. Celebrate our success in the business we have

done and the fun we have had.

Please make your best effort to attend our Regular meeting in February, being the DDGM Official Visit.

Sincerely and Fraternally,

W. Bro Keith Thomson  
Worshipful Master  
Kilwinning 565



### Our newest initiates: Lawrence Reiber and David Gray

On Jan 7, 2019, Lawrence Reiber and David Gray were initiated into the Craft. We wish these brethren the very best on their Masonic journey and know that they will shine in their learning and their contribution to the rich character of Kilwinning Lodge 565.

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# Lodge News



Left:  
The night of the  
Initiation of our  
Lodge's newest  
Masons:

Lawrence Reiber  
and  
David Gray.

Right:

Our beloved R. W. Bro. burns  
Anderson receiving his **50-year  
as a Mason pin**, after a brief  
ceremony and a reading out of  
his many accomplishments and  
affiliations in the Masonic world.



Left:

Our Brother George MacLean,  
who turned 99 years of age on  
February 4.

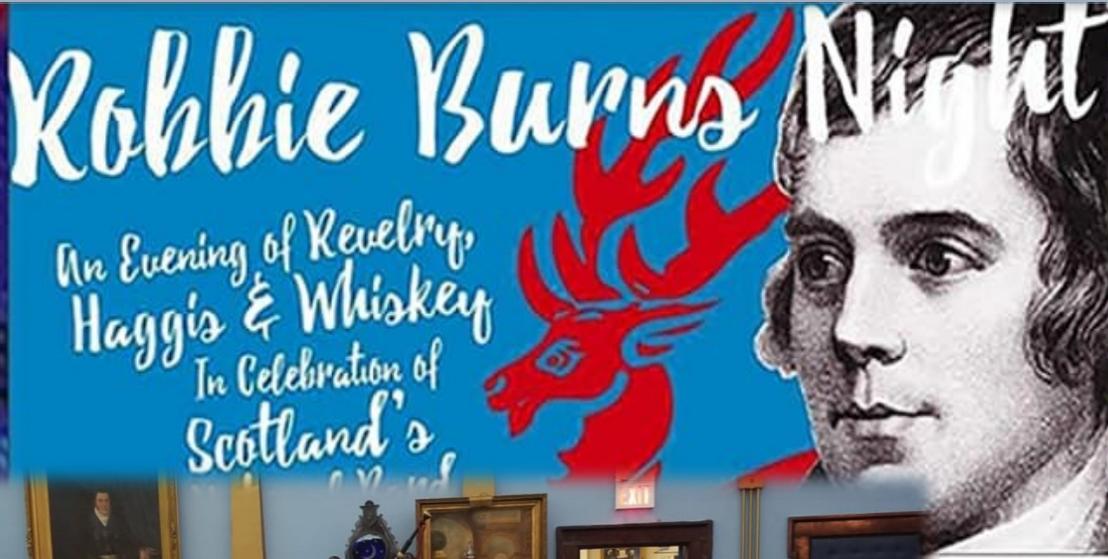
# Lodge News—Burns Night

## Robbie Burns Night



R. W. Bro. Burns Anderson presenting the Immortal Memory to Robbie Burns.

# Lodge News—Burns Night



Pipes and Drums performing

Gravy

\* and of course HAGGIS!!

Highland  
mandato

\*Spouse

Please  
to jam

Adm

Free w  
donati  
accept



R. W. Bro. Andrew McLelland addressing the Haggis

# The Distinguishing Badge of a Mason

By

W. Bro. Robert V. Lund

“More ancient than the Golden Fleece or Roman Eagle; more honourable than the Star or Garter; or any other order in existence, being the badge of innocence and the bond of friendship”.

Thus is the **Apron** first introduced to the new Mason, and so was it presented millennia ago to initiates of the ancient mysteries, as a symbol of the control and restraint of the animal passions, and freedom from the base nature of Man.

Its shape is that of a triangle superimposed on a rectangle. The triangle is the primitive and universal emblem of what is Spiritual, while the rectangle is that of what is Material and, since human nature is a compound of both, the Apron is a representation of the man himself. Because the triangle and rectangle are among the most ancient symbols in the world, the Apron is truly described as being "a badge older than that of any other Order in existence."

No Mason is considered “clothed” without an Apron. It is worn “to protect their garments from spot or stain” while engaged in building the spiritual temple.

The apron, in ancient times, appears to have been an honorary badge of distinction. The Israelites, in the investiture of priests, used a girdle. In the mysteries of Mithras in Persia, the candidate was invested with an apron, as it was in certain Japanese rites of initiation. The same applies to ancient Indian, Ethiopian, Egyptian, and Mayan ceremonies. Also in the Christian church, the apron is connected with certain senior dignitaries.

In Freemasonry, there are two things essential to preserving the symbolism of the apron: its colour; and its material.

## Colour

In all ages and countries, the colour white has been seen to be symbolic of purity. For this reason, the Jewish priesthood was always clothed

in white. The priests of the Romans wore white when they sacrificed. The Druids had different colours for each of their degrees - white being appropriated to the highest degree, the degree of perfection, and none was admitted unless they were cleansed of all impurities of body and mind. In early Christian rituals, white garments were placed on the newly baptized.

Later, the colour blue is added - blue being a spiritual colour.

## Material

The Apron is made of white lambskin; an emblem of purity. The lamb has always been considered an appropriate symbol of innocence. It represents the purification required in order to progress on the spiritual path.

## Geometry

The ritual says “Geometry, and Masonry, originally synonymous terms....”

Geometry is displayed in much of our Masonic symbolism and is true of the apron, which consists of two basic geometric shapes: a rectangle; and a triangle. One is lain over the other.

When the apron is made with the proper dimensions, some interesting geometry emerges:

- The point of the triangle is 3 units from the top, 4 units from the sides, and 5 units from the bottom. You will recognize that 3, 4 and 5 are the dimensions of a Pythagorean triangle, which is used to construct an angle of 90 degrees, and has alchemical significance.
- If a line is drawn from the same point of the triangle to each of the bottom two corners of the apron, the resulting triangle has the same angles as that of the great pyramid of Giza.

## Symbolism

The four sides of the rectangular part of the apron bring to mind the four cardinal virtues: prudence, temperance, fortitude, and justice.

The three sides of the triangle remind us of: the three great lights in Masonry; the three lesser lights; the three pillars (wisdom, strength, and beauty); faith, hope, and charity; the three attrib-

## The Distinguishing Badge of a Mason (continued)

utes of the great Architect (omnipotence, omniscience, and omnipresence).

It also represents the higher three-fold spiritual nature of man, and as a sign of the presence, in ourselves, of the Divine Essence: an Essence which comprises all the attributes of Divinity: all knowledge; all power; all wisdom, strength and beauty.

When the flap of the apron is worn by the entered apprentice in an upright position, as is done in some jurisdictions, there are five sides. This reminds us of the five who make a lodge, and the five noble orders of architecture, as stated in the ritual. It also represents the five senses.

Counting all the sides gives a total of seven, reminding us of the seven who make a lodge perfect, and the seven liberal arts and sciences, as the ritual says. Also, according to ancient teachings, man is a seven-fold being.

Even in ancient times, the rectangle has been regarded as the symbol for matter. So, the rectangular part of the apron represents the lower forms of our existence - our base physical nature. The triangle has long been considered as the symbol representing Spirit, and there is so much behind this that one could write a whole book on this symbolism. On the apron, therefore, is shown spirit overlaying matter - spirit starting to dominate over our base nature.

The Entered Apprentice apron is totally white and plain. To the Fellowcraft apron is added two blue rosettes. These represent body and mind (mind being the main object of the Fellowcraft degree). The rosette represents a rose, which is an important symbol of the Rosicrucians, and represents the unfolding and blooming of the spirit.

The Master Mason apron has three blue rosettes, which represent body, mind, and spirit (spirit being the main object of the third degree). These are arranged so as to form a triangle with the point upwards, interpenetrating the triangle formed by the flap of the apron. The lower triangle pointing upwards is the alchemical triangle of fire, the emblem of Shiva, and is a symbol of

the Divine Spark, or spirit. The triangle made by the flap of the apron, pointing downwards, is the alchemical triangle of water, representative of the Soul. These two triangles are within a square, the emblem of matter, and therefore of the physical body. This indicates that the Master Mason's apron symbolically represents the triune nature of man (body, soul, and spirit). Blue edging encompasses the apron (blue being a spiritual colour).

In the first two degrees, there is no metal on the apron, representing the divestment of materialistic base metals. In the third degree, silver is introduced (silver being a representation of the soul). There are seven silver tassels, The silver tassels consist of seven chains with seven balls. The significance of the number Seven requires more space to discuss than what is available here.

The silver clasp has the form of a serpent, which is an ancient symbol representing Divinewisdom.

The Installed Master apron has, replacing the rosettes, three Tau crosses. The Tau incorporates the square, level, and plumb rule into one image. They also represent the triple tau, the significance of which I shall not go into here.

The deeper blue of the Grand Lodge officers' aprons signifies a deeper spirituality. The gold is an ancient representation of spirit. The corn represents growth.

Note that the apron is presented in the West, not by the Master (or divine principle) but by the Senior Warden, representing the soul (or psyche). Try to determine the significance of this yourself.

The Apron, the distinguishing badge of a Mason, should be regarded as the most precious symbol of Masonry - one that, when you are about to wear it, speaks volumes about the Craft and all that it means.



## Words of Wisdom

*"The mystic sees in every human being a real brother and sister, a close kin through every human and spiritual association. The interest of our human relatives and those of all humanity are our interest. All are united and constitute one grand experience for the evolution of the soul. The mystical life opens wide the portals of human understanding, sympathy, and human attunement, and through this comes a closer attunement with the spiritual consciousness that pervades all beings. This is the keynote of the power that comes into the very being of every mystic and enables us to wield an influence for good in the lives of others."*

H. Spencer Lewis

*"The aim of all human beings is to perfect ourselves; to become better persons. Therefore, constantly endeavor to awaken and express the virtues of the soul that animates you. In doing so, you will contribute to your evolution and serve the cause of humanity."*

Rose + Croix Code of Life

*"All the impressions that are made on us by Nature are designed to exercise our soul during its term of atonement, to prompt us towards the eternal truths shown beneath a veil, and to lead us to recover what we have lost."*

Louis-Claude de Saint-Martin

If you are interested in gaining further light through the following:

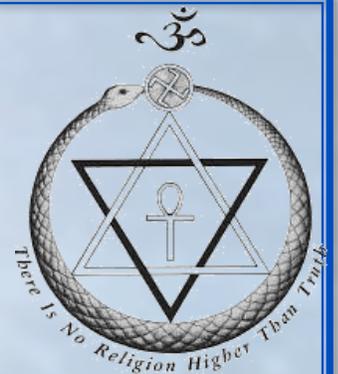
- The ancient wisdom and mysteries
- Investigating the unexplained laws of Nature, and the powers latent in man

Consider joining the Theosophical Society to understand the secrets of nature and science, the true nature of the universe, and your latent powers.

Our motto is: *"There is no religion higher than Truth"*

For further information, contact:

Rob Lund, President, York Lodge of the Theosophical Society at [robvlund@gmail.com](mailto:robvlund@gmail.com)



### Links

- **Lodge Website:** [kilwinning565.com](http://kilwinning565.com)

This site has back issues of the newsletter, and many articles.

- **District Website:** [www.torontowestdistrict.com](http://www.torontowestdistrict.com)

Educational articles can also be found on the District web site.

- **Grand Lodge:** [www.grandlodge.on.ca](http://www.grandlodge.on.ca)



### Dutch Croquetten

W. Bro. Rob Lund

I haven't had these in forty years and I suddenly had a hankering for them.

#### Ingredients

1 pound lean ground veal  
 2 tablespoons butter  
 4 tablespoons all-purpose flour  
 1/2 cup milk  
 1/2 cup chicken broth  
 1/2 teaspoon paprika  
 1/2 teaspoon chili powder (optional)  
 1 teaspoon curry powder (optional)  
 1/2 teaspoon salt  
 1/4 teaspoon pepper  
 1 teaspoon Worcestershire sauce  
 1 teaspoon finely chopped fresh parsley  
 8 ounces spiced Gouda cheese, cut into strips (optional)  
 1 egg  
 1/2 cup all-purpose flour  
 2 tablespoons water  
 1 1/2 cups seasoned dry bread crumbs  
 1 cup oil for frying



#### Method:

- Place ground veal in a skillet over medium heat. Cook, stirring to crumble, until evenly browned. Set aside.
  - Melt butter in a saucepan over low heat. Stir in flour until smooth, and cook for about 2 minutes. Gradually stir in milk, then chicken broth to make a smooth thick sauce. Add the cooked ground veal, and season with paprika, chili powder, curry powder, salt, pepper, Worcestershire sauce, and parsley. Stir to blend well. Remove from heat, and set aside to cool to room temperature.
  - When the meat mixture is cooled and slightly firm, shape into cylinders 3 to 4 inches long, and 1 1/2 inches wide. If you wish, press a strip of the spiced Gouda cheese into the center, making sure it is completely surrounded. In a small bowl, whisk together the egg and water. Place bread crumbs on a plate or tray. Coat croquettes with flour, then dip in the beaten egg mixture, then roll the croquettes in the crumbs to coat. Repeat the coating process if a thicker breading is desired.
- Heat oil in a large skillet over medium-high heat. When oil is hot, fry croquettes until golden brown on all sides. If you have a deep-fryer, they can be deep-fried instead. Remove to paper towels to drain, and serve hot.

## Architecture Corner

by W. Bro. Rob Lund

### Architectural features and Glossary (contd.)

#### Pilaster

A shallow, non-structural rectangular column, attached to, and projecting only slightly from, a wall surface.

#### Pillar

A structural support, similar to a column, but larger and more massive, and often without ornamentation. Pillars can be round or square in section, and are most often made of brick, stone, cement, or other masonry, although substantial wooden timbers can be formed into pillars.

#### Pointed Arch

An arch that is pointed at its apex, rather than round-

ed; common in Gothic and Gothic Revival architecture.

#### Portico

An entrance porch with columns or pilasters and a roof, and often crowned by a triangular pediment.

#### Poteaux-en-terre

A mode of wall construction in French Colonial America in which tall posts are rammed into the ground, and the spaces between them are filled with mud plaster, also known as bousillage. Due to the impermanent nature of this construction, very few Poteaux-en-terre buildings remain.

#### Projection

A side wing, tower, or window bay that protrudes from a building.

# Further Light

## Reflections

The Newsletter of the Committee on Masonic Education is published quarterly. Its goal is to make available articles and presentations written for Masons of Ontario.

There is no longer any cost for this magazine as it is included in the Ontario Mason publication, which is emailed to you, and can also be found on the Grand Lodge website. Back issues can also be found there.

Reflections is always seeking articles about Freemasonry written by Freemasons. Please submit them to its Editor, Bro. Andrew Douris, F.C.F., e-mail: deo-non-fortuna@hotmail.com. Articles are often approximately 1,200 words in length. Articles of special merit might be printed in sections over several issues while short articles provide an excellent resource for a brief Masonic Education moment in Open Lodge.

Please adhere to the following deadlines for submissions: Fall issue = August 1, Winter issue = November 1, Spring issue = February 1, Summer issue = May 1.

## College of Freemasonry

The Grand Lodge Committee on Masonic Education offers interesting Correspondence Courses on Masonic Education throughout this Jurisdiction which is comprised of nineteen different modules.

Any Master Mason may take any module individually for \$10.00 each or they may wish to complete a course of study

for a set fee. If a Brother takes an individual module today, and decides to complete a course of study later in time, he will be accredited with the module he has completed prior. In other words, he does not have to pay for or rewrite what he has already completed in the past. There are three courses of study offered by the College of Freemasonry:

1. "The Masonic Arts and Sciences" course (eighteen modules).
2. The "Past Master's course" (eleven modules)
3. The "Worshipful Master course" (eight modules). Any Brother looking to run for the DDGM of heir District or Grand Registrar, the course required by the Book of Constitution, Section 50(b), is the "Past Master's Course". This course is also great for those looking to be a District Secretary.

For those who wish to pay by cheque, please send it to W. Bro. George Warner, 4010 Chadburn Crescent, Mississauga, ON, L5L 3X2. For those who wish to pay via credit card, just fill in the application form and send it to masonic.college@gmail.com, and the Brother will be emailed payment instructions through Paypal (an account is not necessary).

If any Brother has any questions, they may email R.W. Bro. Rick Cadotte, FCF, Principal, College of Freemasonry, masonic.college@gmail.com.

You may also get information by going to the Grand Lodge Website, sign in, click

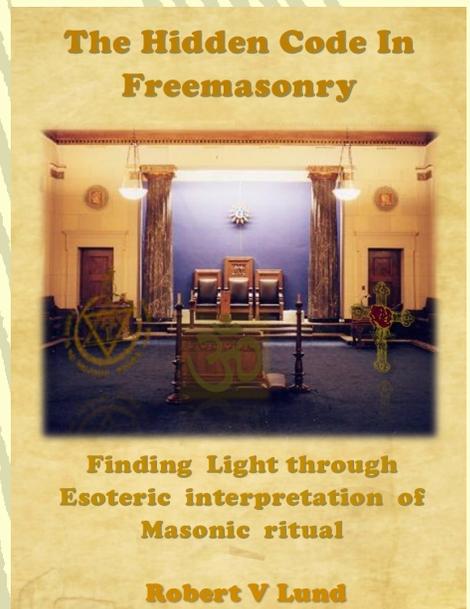
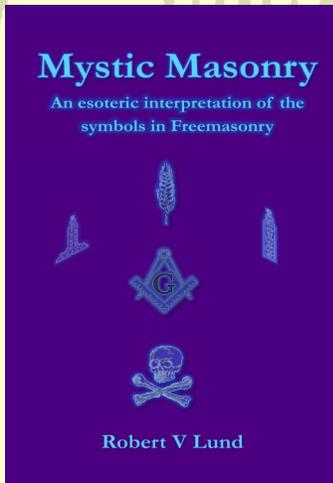
"Membership", then "College of Freemasonry". There are many electronic books and other resources there.

## Heritage Lodge

Heritage Lodge No. 730 G.R.C. was formed to provide an intellectual environment for the pursuit of Masonic knowledge and also to provide a means for receiving and recording historical artefacts to ensure the preservation of our Masonic Heritage without encroaching on the normal functions of Constituent Lodges.

Heritage Lodge accepts, by affiliation in the usual manner, all Masons of like-mind, desirous of working together to fulfil the aims and objectives established by the membership.

The Lodge Secretary is V.W. Bro. Arnold (Mac) McCausland, e-mail: secretary@heritagelodge730.ca. The fee for Affiliation is \$ 55.00 and the annual dues are also \$ 55.00.



## More Books by W. Bro. Robert V. Lund

### Esoteric Handbook For The Entered Apprentice Mason

This book is intended to make known, to the newly initiated Mason, those esoteric principles that underlie our amazing Masonic Degree rituals.

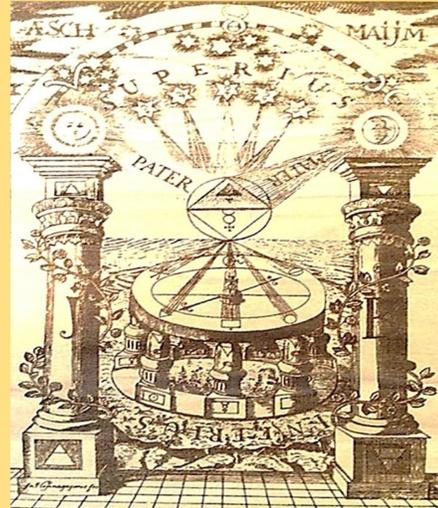
It is the first of a series of three books, each dealing with a specific Degree.

These books are intended to provide a deeper insight to the ceremonies beyond what appears on the surface. Once the moral lessons have been learned and assimilated, the Entered Apprentice Mason can now start peeking behind the veil and delving into the secrets and mysteries of Ancient Freemasonry.

It is hoped that this book will satisfy the craving for knowledge that is being demanded by our younger Brethren, who seek answers to everything within the Craft, and who seek meaning to their existence.

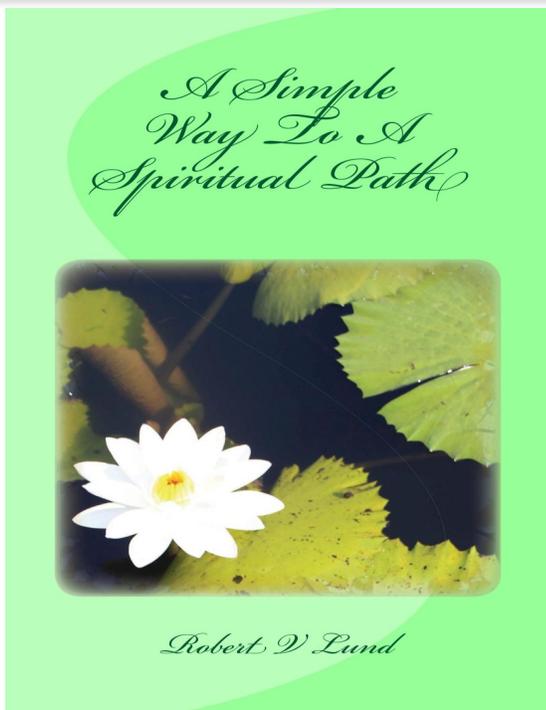
This book also contains extracts from both of my first two books: The Hidden Code in Freemasonry and Mystic Masonry.

### *ESOTERIC HANDBOOK For The Entered Apprentice Mason*



*Robert V Lund*

### A Simple Way To A Spiritual Path



This book is aimed at those who would like to be more spiritual and wish to start on a spiritual path in a simple, easy to understand way but are not sure how to go about it.

I offer this simple guide to the "beginner", without complexity, without new age nonsense, without a lot of words, to help those who are seeking the way.

I have deliberately kept this book as short and concise as possible in order to help the reader to be able to keep the salient points in mind and not be overwhelmed with this knowledge.

Included in this book is the  
**SECRET TO HAPPINESS!**

District Education Event (Toronto West District)

## An Esoteric Interpretation of the Entered Apprentice Degree: The deeper meaning of the first degree

You have been told that Freemasonry is veiled in allegory. Have you thought about what this means? Have you any ideas regarding what it is that is veiled? Are you in search of the Light in Masonry?

This lecture will reveal some of what is hidden in our ritual, its allegories and symbols, and will put you on a path to further enlightenment. Understand the links between Freemasonry and the ancient mystery schools that have taught secret knowledge for millennia.

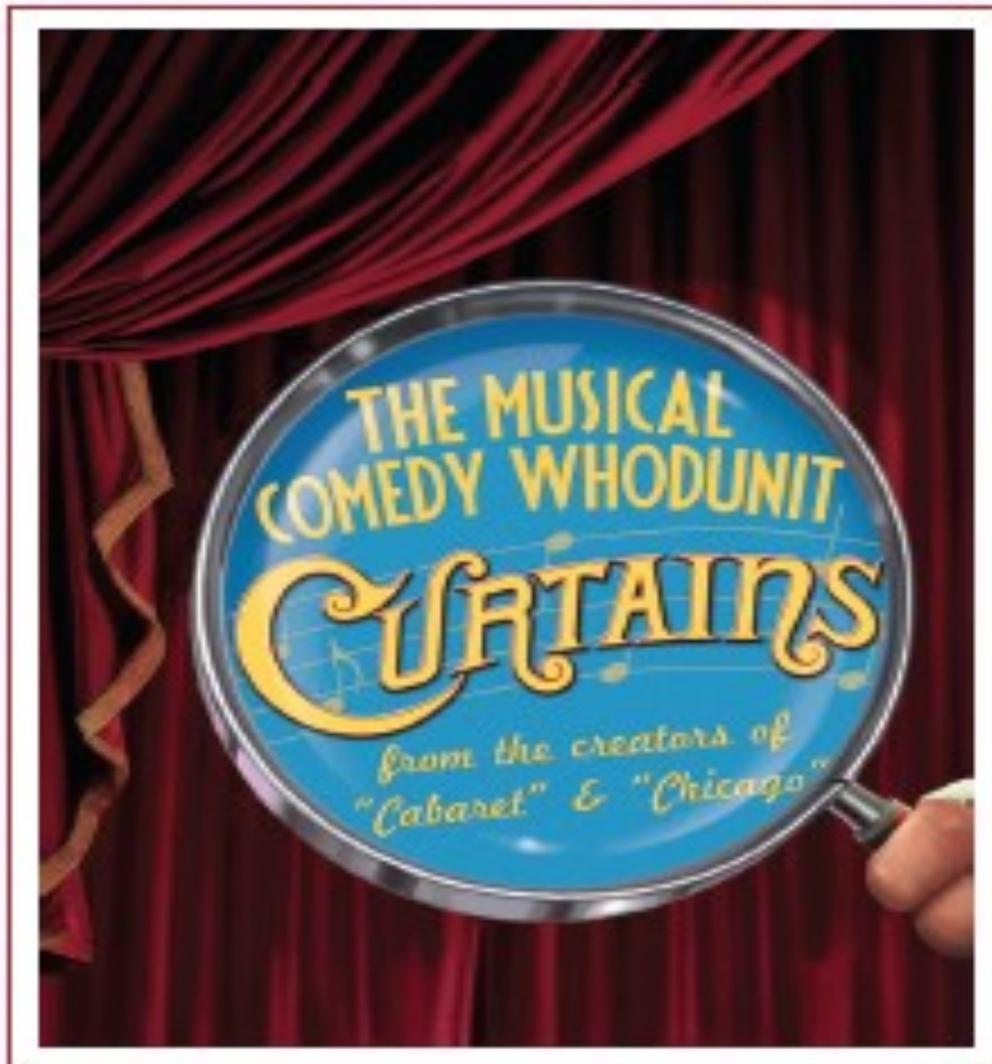
If you are a seeker of Truth and Light, do not miss this lecture by W. Bro. Rob Lund (author of The Hidden Code in Freemasonry)

Hosted by Ionic Lodge #229

Date: Tuesday, February 12, 2019 7:30pm

Place: Brampton Masonic Hall

955 Clark Blvd, Brampton



**THEATRE**  
*Unlimited*

*Presents ...*

## **CURTAINS**

**The Musical Comedy Whodunit**

on Thursday, April 4, 2019 at 8:00 pm SHARP

at Meadowdale Theatre

located at 6315 Montevideo Road, Mississauga, ON L5N 4G7

Contact: James Andrews • Tel: 416-301-0681 • Email: [j.andrews@rogers.com](mailto:j.andrews@rogers.com)

OR: Your Lodge Secretary for Tickets - \$20.00 each

GRAND LODGE OF A.F. & A.M.  
OF CANADA IN THE PROVINCE OF ONTARIO  
Toronto West, Humber Valley, & Don Valley Districts

Present A

# MULTI-FAITH

Different religions living together in one society

## Divine Service

Sunday May 5, 2019 at 4:00 P.M.  
Metropolitan United Church  
56 Queen St. E, Toronto, Ontario



Lets walk the walk...one step at a time

Join us on Saturday May 25, 2019 at

Toronto West

beautiful Erindale Park

and walk for a cure

District Masons

# LUPUS

for Pediatric and Adult Lupus "Geoff Carr Fellowship"

our symbol may be beautiful  
but the ~~disease~~ is not.

cure

LUPUS

MFO

No. 2650



Tim Hortons  
BOWL FOR KIDS SAKE!

Big Brothers Big Sisters of Peel  
Bowl for Kids Sake

# Upcoming Events

## OSCAR NIGHT at the TEMPLE

Come out and enjoy the 2019 Oscar Presentations as they were meant to be enjoyed – in a festive environment with your friends!

- ▶ Big Screen, Big Sound
- ▶ Dinner Buffet
- ▶ BYOB Bar Service
- ▶ Oscar Trivia
- ▶ 50/50 Prediction Contest



West Toronto Masonic Temple  
151 Annette St. Toronto  
Sunday February 24th, 2019  
6:00pm to Midnight  
(or when the show ends)

Tickets \$20 at the Door  
Open to Friends and Family  
RSVP – [bonmot64@gmail.com](mailto:bonmot64@gmail.com)  
Proceeds to support the Temple

### Official DDGM Visits

Friday, February 1 7:30pm  
Official Visit, King Hiram Lodge No. 566

Friday, February 8 7:30pm  
Official Visit, Joseph A. Hearn Lodge No. 685

Thursday, February 14 7:30pm  
Official Visit, Connaught Lodge No. 501

Friday, February 15 7:30pm  
Official Visit, Kilwinning Lodge No. 565

### Other

Thursday, February 7 6:30pm  
Mississauga Lodge No. 524 -  
50-Year Anniversary

Tuesday, February 12 7:30pm  
Ionic Lodge No. 229  
Education Event

An Esoteric Interpretation of the Entered Apprentice Degree By W. Bro. Rob Lund

Keep an eye open for the Sankey Lecture on Prince Hall Freemasonry coming in March.

Also coming in March:  
Annual District Theatre Event:  
Curtains Musical Mystery.

**Check the District Web Site for details and updates, more upcoming events, and pictures from past events:**

<http://www.torontowestdistrict.com/calendar.html>

This newsletter was compiled and edited by W. Bro. Rob Lund

Any contribution for content, or comments, can be emailed to [robvlund@gmail.com](mailto:robvlund@gmail.com)