



From The Chair



Brethren, I have found myself with some extra time off during the holidays. I have spent it with my children, as any father may do, and it has reminded me of Lodge. Now before anyone is offended, I don't mean to imply that anyone in the lodge is a child, but rather that the enjoyment and fulfillment that I experience with my children is the same growing process as with Lodge.

I noticed that spending time laying a foundation of learning and morals for my children, though it seems an endless effort, has begun to show in their behaviour. Hours of work teaching them to read even simple words, and then to write them, can seem frustrating and not worth the excessive amount of effort. Then

they surprise you with understanding and knowledge.

Similarly with lodge, I have in the past felt that the overwhelming effort of trying to make a change for the better in our Lodge should possibly be left to someone better equipped for the task. Someone who is more experienced than I am or perhaps someone who may know more than I do about Masonry. I'm glad that those feelings have been left, for the most part, in the past. I see the changes for the better, little by little, that we all make for lodge every time we

put in the effort. I'd like to encourage all the Brethren to join me with that same mentality. That each and every brother in our lodge can bring something great and important to the table. To put themselves into the lodge and help the lodge grow. To help each other in the work and share the load. This truly makes it "OUR" lodge.

I don't mean to say that the brethren aren't doing their job or their part. I mean to say that there is much to be done to continue to support our Lodge as we become a more

(Continued on page 2)

Raising of Avi Dixit

On Friday, December 21, Bro. Avi Dixit proved himself very well in the Second Degree, and was raised to the sublime Degree of a Master Mason. We hope that he will continue to pursue the Light. See picture on the next page.

Inside this issue:

Message from the Chair	1
Lodge News	2
Words of Wisdom—from the enlightened	3
Chef's Corner	4
Architecture Corner	4
Further Light	5
Upcoming Events—in the District and beyond	7

progressive, more age-diverse, and most importantly, a healthier lodge. Change is a part of each day as my young family progresses. Let's never forget the wonder and hope... and continue growing, for our lodge, and our families too.

Sincerely and Fraternally,

As I see in my children and relate to my experience in our Lodge, I am reminded it wasn't so long ago that I was initiated. That I was so full of hope and wonder with this new and exciting world I had entered into. I find that world has not gone but it has grown up, little by little, like I see Kilwinning 565 W. Bro Keith Thomson Worshipful Master

Lodge News



The Raising of Bro. Avi Dixit to the Sublime Degree of a Master Mason on Friday, December 21, 2018.

What is the significance of the Northeast Corner?

Cornerstones are laid in the Northeast corner. Entered Apprentices stand in the Northeast corner of the Lodge. The point midway between the darkness of the North and the brilliance of the East was chosen by ancient builders as the point of beginning - a spot to mark a birth - the commencement of a new structure. Obviously, he who stands in the darkness has no light; as obviously, he on whom falls the whole light of the brilliant East and its rising sun is not in darkness. The point halfway between them, is a symbol of a beginning - the traveller has left the darkness and moved toward the light. Those who build have left the "darkness" in which there is no building, and progressed far enough towards the "light" to lay a foundation stone: - a place that, by its position, symbolizes movement away from blackness into the day.

The symbolism of the Northeast corner in the Entered Apprentice Degree is taken from this ancient practice of laying the cornerstone in the Northeast corner. He who stands there in the Lodge, "a just and upright Mason," is himself a cornerstone of the Lodge which will be. A Lodge is erected not only by, but upon, her sons. The Entered Apprentice of today is the veteran Mason and Lodge Member of tomorrow.

Words of Wisdom

"Meditation is a transformation of consciousness. When we meditate we change our state of receptivity, like tuning to a higher wavelength. Meditation is attunement."

Rosicrucian Manuscript

"Peace manifests externally but begins internally--that is, in the thinking, idealism, and mental discipline of each individual. Peace must begin with the individual and work outward."

Ralph M. Lewis

"Despite the trials and tribulations of life, always consider life the most precious gift the Cosmic ever granted human beings, because it is the medium of our spiritual evolution and the source of the happiness we seek. Furthermore, regard your body as the temple of your soul, and take great care of it."

Rose + Croix Code of Life

"Humanity, when conscious of an eternal truth, has ever symbolized it so that the human consciousness could forever have realization of it. Nations, languages and customs have changed, and yet ancient symbols continue to illuminate us with their mystic light."

Ralph M. Lewis

If you are interested in gaining further light through the following:

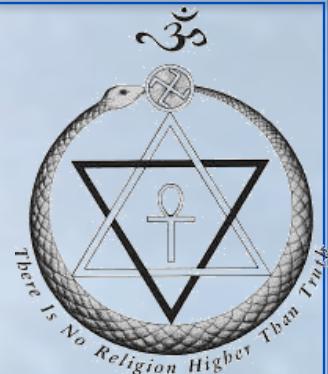
- Comparative Religion, Philosophy and Science
- Investigating the unexplained laws of Nature, and the powers latent in man

Consider joining the Theosophical Society to understand the secrets of nature and science, the true nature of the universe, and your latent powers.

Our motto is: "There is no religion higher than Truth"

For further information, contact:

Rob Lund, President, York Lodge of the Theosophical Society at roblund@gmail.com



Links

- **Lodge Website:** kilwinning565.com

This site has back issues of the newsletter, and many articles.

- **District Website:** www.torontowestdistrict.com

Educational articles can also be found on the District web site.

- **Grand Lodge:** www.grandlodge.on.ca



Pan fried oatmeal

Recipe by R. W. Bro. Bill Bain

Serves 2

Ingredients

- 1 cup oatmeal (rolled oats or quick oats)
- 1/4 cup floured oatmeal (ground fine in a food processor)
- 1 cup milk
- 1 cup water
- Big pinch of salt.
- 2 Tbsp butter
- 1 Tbsp vegetable oil

Method:

- Combine milk, salt, and water and bring to a simmer.
- Add 1 cup of oatmeal and reduce heat to low. Stir until mixture is firm and remove from heat.
- Pour mix into a round cylinder shaped mould. About 4-5 inches tall and



five inches across. Cover with plastic wrap and rest overnight in the fridge.

- Turn mixture out and cut into 4 even slices. Dust both sides of all 4 slices.
 - In a cast iron frying pan, on medium heat, add butter and oil and carefully place the patties with lots of space between them.
 - Cook about 5-7 minutes a side until golden brown. Do in batches and keep warm in the oven until all patties are done.
 - Place the two patties on a plate and top with sliced strawberries, fresh mint, and maple syrup.

Architecture Corner

by W. Bro. Rob Lund

Architectural features and Glossary (contd.)

Patio

Similar to a terrace, a patio is an outdoor extension of a building, situated above the ground level, and open to the sky. Colloquially, a patio is a more informal space than a terrace.

Pavilion

A small but prominent portion of a building that juts out from a main building, either above its roof line, or to the side, and which is identified by a unique (usually diminutive) height and individual roof type. A pavilion may also stand alone, separate from a larger building, or may be connected to a main building by a terrace or path.

Pediment

A decorative triangular piece situated over a portico, door, window, fireplace, etc. The space inside the triangular piece is called the "tympanum," and is often decorated.

Peek-a-boo Window

A very small window, often circular.

Pergola

A garden structure built up over a path or narrow terrace, lined with evenly spaced columns or posts that support a wooden-framed roof without sheathing. Often, vines are trained around the wooden framework of a pergola, and the pergola may lead from one building to another.

Further Light

Reflections

The Newsletter of the Committee on Masonic Education is published quarterly. Its goal is to make available articles and presentations written for Masons of Ontario.

There is no longer any cost for this magazine as it is included in the Ontario Mason publication, which is emailed to you, and can also be found on the Grand Lodge website. Back issues can also be found there.

Reflections is always seeking articles about Freemasonry written by Freemasons. Please submit them to its Editor, Bro. Andrew Douris, F.C.F., e-mail: deo-non-fortuna@hotmail.com. Articles are often approximately 1,200 words in length. Articles of special merit might be printed in sections over several issues while short articles provide an excellent resource for a brief Masonic Education moment in Open Lodge.

Please adhere to the following deadlines for submissions: Fall issue = August 1, Winter issue = November 1, Spring issue = February 1, Summer issue = May 1.

College of Freemasonry

The Grand Lodge Committee on Masonic Education offers interesting Correspondence Courses on Masonic Education throughout this Jurisdiction which is comprised of nineteen different modules.

Any Master Mason may take any module individually for \$10.00 each or they may wish to complete a course of study

Mystic Masonry

An esoteric interpretation of the symbols in Freemasonry



Robert V Lund

for a set fee. If a Brother takes an individual module today, and decides to complete a course of study later in time, he will be accredited with the module he has completed prior. In other words, he does not have to pay for or rewrite what he has already completed in the past. There are three courses of study offered by the College of Freemasonry:

1. "The Masonic Arts and Sciences" course (eighteen modules).
2. The "Past Master's course" (eleven modules).
3. The "Worshipful Master course" (eight modules). Any Brother looking to run for the DDGM of their District or Grand Registrar, the course required by the Book of Constitution, Section 50(b), is the "Past Master's Course". This course is also great for those looking to be a District Secretary.

For those who wish to pay by cheque, please send it to W. Bro. George Warner, 4010 Chadburn Crescent, Mississauga, ON, L5L 3X2. For those who wish to pay via credit card, just fill in the application form and send it to masonic.college@gmail.com, and the Brother will be emailed payment instruc-

tions through Paypal (an account is not necessary). If any Brother has any questions, they may email R.W. Bro. Rick Cadotte, FCF, Principal, College of Freemasonry, masonic.college@gmail.com.

You may also get information by going to the Grand Lodge Website, sign in, click

"Membership", then "College of Freemasonry". There are many electronic books and other resources there.

Heritage Lodge

Heritage Lodge No. 730 G.R.C. was formed to provide an intellectual environment for the pursuit of Masonic knowledge and also to provide a means for receiving and recording historical artefacts to ensure the preservation of our Masonic Heritage without encroaching on the normal functions of Constituent Lodges.

Heritage Lodge accepts, by affiliation in the usual manner, all Masons of like-mind, desirous of working together to fulfil the aims and objectives established by the membership.

The Lodge Secretary is V.W. Bro. Arnold (Mac) McCausland, e-mail:secretary@heritagelodge730.ca. The fee for Affiliation is \$ 55.00 and the annual dues are also \$ 55.00.

The Hidden Code In Freemasonry



Finding Light through
Esoteric interpretation of
Masonic ritual

Robert V Lund

New Books by W. Bro. Rob Lund

Esoteric Handbook For The Entered Apprentice Mason

This book is intended to make known, to the newly initiated Mason, those esoteric principles that underlie our amazing Masonic Degree rituals.

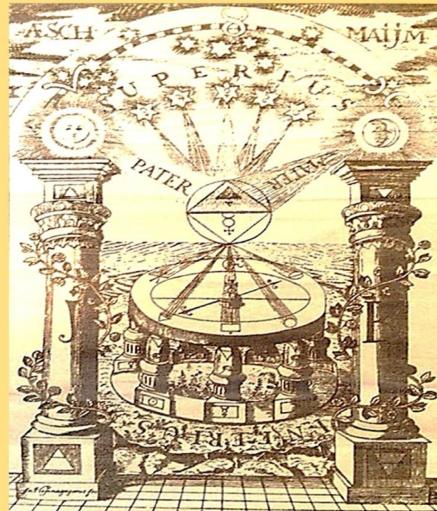
It is the first of a series of three books, each dealing with a specific Degree.

These books are intended to provide a deeper insight to the ceremonies beyond what appears on the surface. Once the moral lessons have been learned and assimilated, the Entered Apprentice Mason can now start peeking behind the veil and delving into the secrets and mysteries of Ancient Freemasonry.

It is hoped that this book will satisfy the craving for knowledge that is being demanded by our younger Brethren, who seek answers to everything within the Craft, and who seek meaning to their existence.

This book also contains extracts from both of my first two books: The Hidden Code in Freemasonry and Mystic Masonry.

**ESOTERIC HANDBOOK
For The
Entered Apprentice Mason**



Robert V Lund

A Simple Way To A Spiritual Path

*A Simple
Way To A
Spiritual Path*



Robert V Lund

This book is aimed at those who would like to be more spiritual and wish to start on a spiritual path in a simple, easy to understand way but are not sure how to go about it.

I offer this simple guide to the "beginner", without complexity, without new age nonsense, without a lot of words, to help those who are seeking the way.

I have deliberately kept this book as short and concise as possible in order to help the reader to be able to keep the salient points in mind and not be overwhelmed with this knowledge.

Included in this book is the
SECRET TO HAPPINESS!

...first came Woodstock

...then the Isle of Wight

Stone Stock



Come ready to get
your ashlar squared!

Saturday
January 26th



West Toronto Masonic Temple

151 Annette St.
Toronto

Doors open
at 7:00 pm.

But...STONESTOCK redefines

Lets walk the walk...one step at a time

Join us on Saturday May 25, 2019 at

Toronto West

beautiful Erindale Park

District Masons

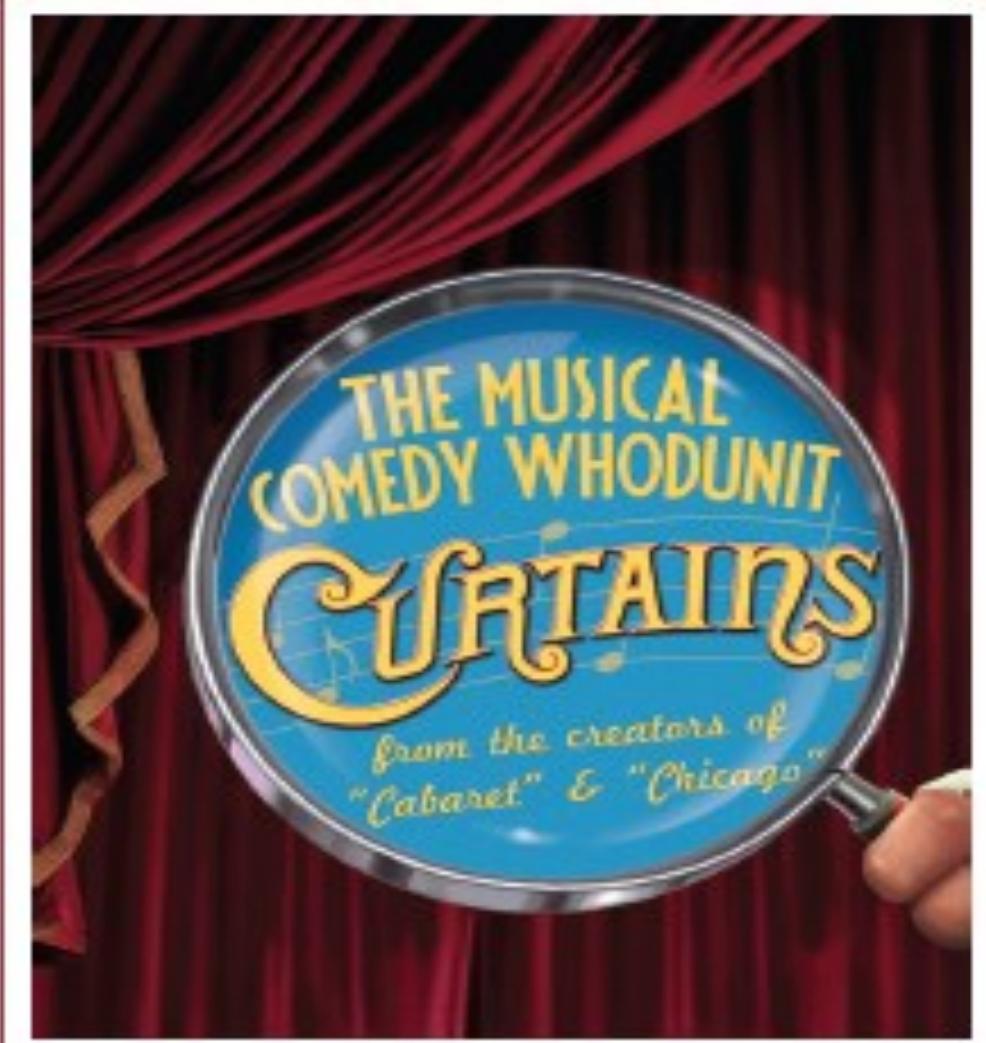
and walk for a cure

for Pediatric and Adult Lupus "Geoff Carr Fellowship"

Our symbol may be beautiful,
but the disease is not.

cure LUPUS





Theatre
Unlimited

Presents ...

CURTAINS

The Musical Comedy Whodunit

on Thursday, April 4, 2019 at 8:00 pm SHARP

at Meadowvale Theatre

located at 6315 Montevideo Road, Mississauga, ON L5N 4G7

Contact: James Andrews • Tel: 416-301-0681 • Email: j.andrews@rogers.com

OR: Your Lodge Secretary for Tickets - \$20.00 each

GRAND LODGE OF A.F. & A.M.
OF CANADA IN THE PROVINCE OF ONTARIO
Toronto West, Humber Valley, & Don Valley Districts

Present A

MULTI-FAITH

Different religions living together in one society

Divine Service

Sunday May 5, 2019 at 4:00 P.M.

Metropolitan United Church
56 Queen St. E, Toronto, Ontario



Upcoming Events



Volunteer Lodges Needed To Host Warden's Association Meetings

Please contact Bro. Andrew Norwood: (416) 255-4622

andrew@blueskiesandtailwinds.ca

Saturday, January 5, 2019 9:00am
Warden's Association, Breakfast at 8AM
Toronto West Temple

Monday, January 7, 2019 6:30pm
Installation Lakeshore Lodge No. 645

Tuesday, January 8, 2019 6:00pm
Official Visit Ionic Lodge No. 229

Sunday, January 13, 2019 2:30pm
Primrose Assembly No. 8 Order of Rainbow Girls

Tuesday, January 15, 2019 7:30pm
Installation Long Branch Lodge No. 632

Saturday, January 26, 2019 7:00pm
Stone Stock

Sunday, January 27, 2019 1:00pm
Cornerstone Workshop

Check the District Web Site for details and updates, more upcoming events, and pictures from past events:

<http://www.torontowestdistrict.com/calendar.html>

This newsletter was compiled and edited by W. Bro. Rob Lund
Any contribution for content, or comments, can be emailed to roblund@gmail.com