



Kilwinning 565 News

Brethren,

November is upon us and the changing of the leaves that signal season's change reminds us of the progression of our Masonic journey.

Following October's open house night we have a number of visitors and prospective members in our lodge before and after our meetings. Please take the time to speak with some of them, get to know them and let them get to know you. When balloting, it would be useful to know who you are voting for. One day very soon they may be sitting beside you in Lodge as your Brother. Let us make them feel welcome now.

October also saw Bro. Aviral Dixit

passed to the second degree. He proved himself very well and the evening was marked by great ritual work which was enjoyed by all involved. We were pleased to welcome Brethren from our sister lodge, Kilwinning 64, visiting from London.

This month we have a rare opportunity to witness a first degree done by Past Masters of our lodge. The evening will provide a great example of exemplary ritual work and preparation. Coupling the Past Master's Degree with our Remembrance Day ceremony will make the

evening a memorable event for Masons newly entered and well seasoned.

December's blowing winds and snow will bring with it more opportunities for our new Brethren to watch and join in on more Degree work. Please make every effort to attend our upcoming meeting.

Sincerely and Fraternally,

W. Bro Keith Thomson
Worshipful Master
Kilwinning 565



Passing of Bro. Avi Dixit

On Friday, October 19, Bro. Avi Dixit proved himself well in the First Degree, and was passed to the Fellowcraft Degree with good work by all. We hope that he will pursue the Light. See pictures on the next page.

Inside this issue:

Message from the Chair	1
Lodge News	2
New books by W. Bro. Rob Lund	3
Words of Wisdom—from the enlightened	4
Chef's Corner	5
Architecture Corner	5
Further Light	6
Upcoming Events—in the District and beyond	7



Lodge News



Left:

The occasion of the Passing of Bro. Avi Dixit to the Fellowcraft Degree.



Above: We were honoured by a visit from the Brethren of our sister Lodge, kilwinning 64, London, Ontario.

New Books by W. Bro. Rob Lund

Esoteric Handbook For The Entered Apprentice Mason

This book is intended to make known, to the newly initiated Mason, those esoteric principles that underlie our amazing Masonic Degree rituals.

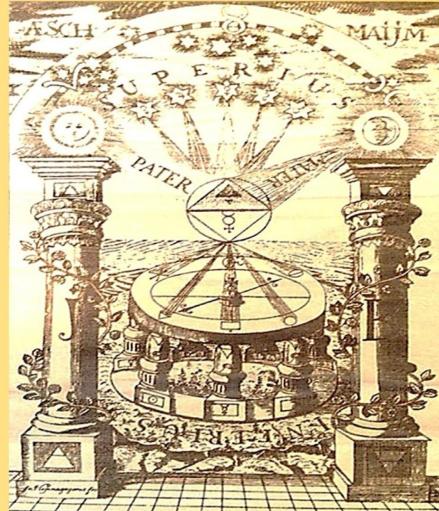
It is the first of a series of three books, each dealing with a specific Degree.

These books are intended to provide a deeper insight to the ceremonies beyond what appears on the surface. Once the moral lessons have been learned and assimilated, the Entered Apprentice Mason can now start peeking behind the veil and delving into the secrets and mysteries of Ancient Freemasonry.

It is hoped that this book will satisfy the craving for knowledge that is being demanded by our younger Brethren, who seek answers to everything within the Craft, and who seek meaning to their existence.

This book also contains extracts from both of my first two books: The Hidden Code in Freemasonry and Mystic Masonry.

**ESOTERIC HANDBOOK
For The
Entered Apprentice Mason**



Robert V Lund

A Simple Way To A Spiritual Path

*A Simple
Way To A
Spiritual Path*



Robert V Lund

This book is aimed at those who would like to be more spiritual and wish to start on a spiritual path in a simple, easy to understand way but are not sure how to go about it.

I offer this simple guide to the "beginner", without complexity, without new age nonsense, without a lot of words, to help those who are seeking the way.

I have deliberately kept this book as short and concise as possible in order to help the reader to be able to keep the salient points in mind and not be overwhelmed with this knowledge.

Included in this book is the
SECRET TO HAPPINESS!

Words of Wisdom

"It is for ourselves that we forge a personal philosophy of life. It is within that we come to see, little by little, what must be changed within our own being. We must be aware of what is possible and what is not. We cannot change anyone else's character, nor should we try to do so. Each person changes when a need for change is apparent to our own mind. When old ways don't work anymore, something different must be tried, however reluctantly. A person begins to think more autonomously when the whims of society no longer bring pleasure. Everyone will reach this point at some time - in some incarnation."

Rosicrucian Manuscript

"It does not matter what you believe; it is the actions you take based on those beliefs that matters."

H. Spencer Lewis

"Come, step back from your close view of the obstacles that seem to surround you. Close your eyes to them for a while and create a new picture. Leave the past and the present out of your consideration and make a new life, a new day, beginning with tomorrow. Build it up part by part in your mind and in your conversations and contacts with those around you until you have a perfect picture of the future that is just beyond today's horizon. Then step forward bravely into this picture; and with determination start your journey along the line that leads to your new life. You will find yourself master of the picture and of those realities, and you will find in it the greatest happiness and rewards, and every effort, every thought devoted to it."

H. Spencer Lewis

If you are interested in gaining further light through the following:

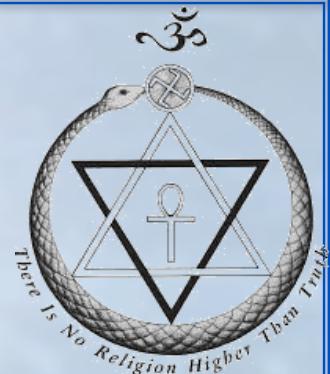
- Comparative Religion, Philosophy and Science
- Investigating the unexplained laws of Nature, and the powers latent in man

Consider joining the Theosophical Society to understand the secrets of nature and science, the true nature of the universe, and your latent powers.

Our motto is: "There is no religion higher than Truth"

For further information, contact:

Rob Lund, President, York Lodge of the Theosophical Society at roblund@gmail.com



Links

- **Lodge Website:** kilwinning565.com

This site has back issues of the newsletter, and many articles.

- **District Website:** www.torontowestdistrict.com

Educational articles can also be found on the District web site.

- **Grand Lodge:** www.grandlodge.on.ca



Cola Ribs

Recipe by Donna Smith

Prep Time: 5 minutes

Cook Time: 45 minutes

Yield: 4 - 6 persons

Ingredients

- 6 lbs beef or pork ribs, cut into serving pieces
- 2 - 4 litres Classic Coke
- 1 cup / 240 g apple sauce
- 2 cups / 400 g brown sugar
- 1 teaspoon salt and pepper
- 3 cloves pressed garlic, 1 Tablespoon
- 1/2 cup / 120 g ketchup
- 6 Tablespoons lemon juice
- 1/2 teaspoon paprika
- 1/2 teaspoon cinnamon



Method:

1. Place the ribs in a large pot and cover with Coke. Bring to a boil then simmer for 20 minutes.
2. Pre-heat oven to 300 F / 150 C / Gas 2
3. Mix remaining ingredients together in a medium pot and heat to boiling. Simmer for 5 minutes.
4. Place ribs on a grill pan and baste with half the mixture. Bake for 45 minutes, basting every 10 minutes.
5. Pre-heat BBQ grill for 10 minutes. Cook about 10 minutes while flipping and basting on each side until ribs are crisp. Watch carefully as they will burn very easily.

These cola ribs work well either on the grill or the oven.

Architecture Corner

by W. Bro. Rob Lund

Architectural features and Glossary (contd.)

Mansard Roof

A four-sided hipped roof featuring two slopes on each side, the lower slopes being very steep, almost vertical, and the upper slopes sometimes being so horizontal that they are not visible from the ground. The Mansard roof was named after the French 17th-century architect Francois Mansart (1598-1666), who popularized the form.

Masonry

Being of stone, brick, or concrete.

Molding

A decorative strip of wood.

Mullions

The structural units that divide adjacent windows.

Muntins

Dividing bars between panes of glass.

Ogee Arch

An arch consisting of two opposing "S"-curves meeting in a point at the apex. An "S"-curve is itself made up of two curves: a concave curve in its lower half, and a convex curve in its upper half.

Oriel

A projecting window of an upper floor, supported from below by a bracket.

Further Light

Reflections

The Newsletter of the Committee on Masonic Education is published quarterly. Its goal is to make available articles and presentations written for Masons of Ontario.

There is no longer any cost for this magazine as it is included in the Ontario Mason publication, which is emailed to you, and can also be found on the Grand Lodge website. Back issues can also be found there.

Reflections is always seeking articles about Freemasonry written by Freemasons. Please submit them to its Editor, Bro. Andrew Douris, F.C.F., e-mail: deo-non-fortuna@hotmail.com. Articles are often approximately 1,200 words in length. Articles of special merit might be printed in sections over several issues while short articles provide an excellent resource for a brief Masonic Education moment in Open Lodge.

Please adhere to the following deadlines for submissions: Fall issue = August 1, Winter issue = November 1, Spring issue = February 1, Summer issue = May 1.

College of Freemasonry

The Grand Lodge Committee on Masonic Education offers interesting Correspondence Courses on Masonic Education throughout this Jurisdiction which is comprised of nineteen different modules.

Any Master Mason may take any module individually for \$10.00 each or they may wish to complete a course of study

Mystic Masonry

An esoteric interpretation of the symbols in Freemasonry



Robert V Lund

for a set fee. If a Brother takes an individual module today, and decides to complete a course of study later in time, he will be accredited with the module he has completed prior. In other words, he does not have to pay for or rewrite what he has already completed in the past. There are three courses of study offered by the College of Freemasonry:

1. "The Masonic Arts and Sciences" course (eighteen modules).
2. The "Past Master's course" (eleven modules).
3. The "Worshipful Master course" (eight modules). Any Brother looking to run for the DDGM of their District or Grand Registrar, the course required by the Book of Constitution, Section 50(b), is the "Past Master's Course". This course is also great for those looking to be a District Secretary.

For those who wish to pay by cheque, please send it to W. Bro. George Warner, 4010 Chadburn Crescent, Mississauga, ON, L5L 3X2. For those who wish to pay via credit card, just fill in the application form and send it to masonic.college@gmail.com, and the Brother will be emailed payment instruc-

tions through Paypal (an account is not necessary). If any Brother has any questions, they may email R.W. Bro. Rick Cadotte, FCF, Principal, College of Freemasonry, masonic.college@gmail.com.

You may also get information by going to the Grand Lodge Website, sign in, click

"Membership", then "College of Freemasonry". There are many electronic books and other resources there.

Heritage Lodge

Heritage Lodge No. 730 G.R.C. was formed to provide an intellectual environment for the pursuit of Masonic knowledge and also to provide a means for receiving and recording historical artefacts to ensure the preservation of our Masonic Heritage without encroaching on the normal functions of Constituent Lodges.

Heritage Lodge accepts, by affiliation in the usual manner, all Masons of like-mind, desirous of working together to fulfil the aims and objectives established by the membership.

The Lodge Secretary is V.W. Bro. Arnold (Mac) McCausland, e-mail:secretary@heritagelodge730.ca. The fee for Affiliation is \$ 55.00 and the annual dues are also \$ 55.00.

The Hidden Code In Freemasonry



Finding Light through
Esoteric interpretation of
Masonic ritual

Robert V Lund

Upcoming Events



WARDEN'S ASSOCIATION of TORONTO WEST

Education Programme

2017 - 2018

Friday, November 2 7:30pm

50 & 70 Masonic Anniversary King Hiram Lodge
No. 566

Tuesday, November 6 6:30pm

Official Visit River Park Lodge No. 356

Thursday, November 8 6:30pm

Official Visit Flower City Lodge No. 689

Monday, November 12 10:00am

Remembrance Day Parade (Streetsville Ontario)

Tuesday, November 20 6:30pm

Installation - Victoria Lodge No. 474

Friday, November 23 6:30pm

Official Visit - Prince Of Wales Lodge No. 630

Monday, November 26 6:30pm

Installation - Chinguacousy Lodge No. 738

Thursday, November 29 7:30pm

Toronto West District Meeting

Check the District Web Site for details and updates, more upcoming events, and pictures from past events:

<http://www.torontowestdistrict.com/calendar.html>

This newsletter was compiled and edited by W. Bro. Rob Lund

Any contribution for content, or comments, can be emailed to roblund@gmail.com