



# Kilwinning 565 News

## From The Chair



My Dear Brethren,

As summer draws to a close it is time for us to return to the business of the Lodge and there is much work to do. We have a number of second deMy Brethren,

With the Autumn season well underway, and Lodge back in full swing, the freight train momentum that we have behind us will be carrying us clear through to Spring.

Our first meeting after the Summer break was a well executed degree to pass Brother Lucas Carravetta to the second degree. Congratulations to the degree team and especially to Brother Carravetta for his flawless proving.

Our emergent meeting

was replaced with the wonderfully successful and second annual open house night. A special thanks to all of our presenters who made this night live up to and possibly surpass last years event.

In the aftermath of this event, I ask that all the Brethren make extra attempts to welcome any of our new attendees and extend that hand of friendship that masonry is so well known for. These men may very well be sitting next to you in lodge a year from now and now is the time to make the fraternal bonds that will guide them in their journey in Masonry.

Looking forward, an

invitation to Kilwinning #64 has been extended for our regular meeting in October.

We shall be continually busy with degrees this fall and also our remembrance ceremony in November. I am always looking for brothers to help with the upcoming degrees. If any brother would like to be more involved and learn some new work, please reach out to me.

Please make every effort to attend our upcoming meeting.

Sincerely & Fraternal-ly,  
W. Bro Keith Thomson  
Worshipful Master  
Kilwinning 565

### Open House

On Monday, October 1 we hosted a very successful open house for non-members interested in Freemasonry. (see pictures over)

#### Inside this issue:

Message from the Chair	1
Lodge News	2
New books by W. Bro. Rob Lund	3
Words of Wisdom—from the enlightened	4
Chef's Corner	5
Architecture Corner	5
Further Light	6
Upcoming Events—in the District and beyond	7

# Lodge News



Above: The occasion of the Passing of Bro. Lucas Caravetta to the Fellowcraft Degree.



Above: Open House. There were 14 visitors. Some of the speakers shown here.

## New Books by W. Bro. Rob Lund

### Esoteric Handbook For The Entered Apprentice Mason

This book is intended to make known, to the newly initiated Mason, those esoteric principles that underlie our amazing Masonic Degree rituals.

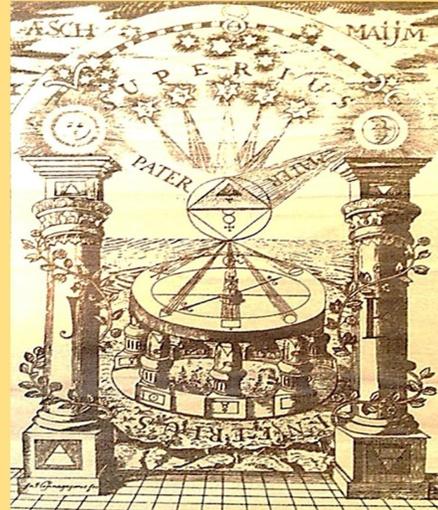
It is the first of a series of three books, each dealing with a specific Degree.

These books are intended to provide a deeper insight to the ceremonies beyond what appears on the surface. Once the moral lessons have been learned and assimilated, the Entered Apprentice Mason can now start peeking behind the veil and delving into the secrets and mysteries of Ancient Freemasonry.

It is hoped that this book will satisfy the craving for knowledge that is being demanded by our younger Brethren, who seek answers to everything within the Craft, and who seek meaning to their existence.

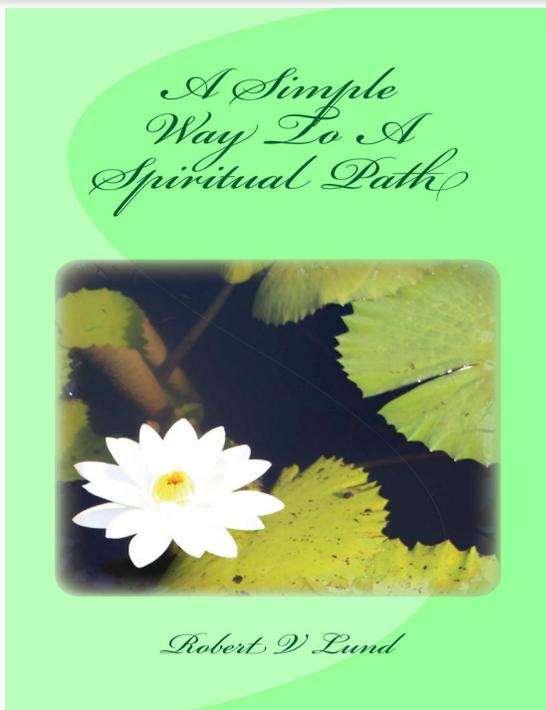
This book also contains extracts from both of my first two books: The Hidden Code in Freemasonry and Mystic Masonry.

### *ESOTERIC HANDBOOK For The Entered Apprentice Mason*



*Robert V Lund*

### A Simple Way To A Spiritual Path



This book is aimed at those who would like to be more spiritual and wish to start on a spiritual path in a simple, easy to understand way but are not sure how to go about it.

I offer this simple guide to the "beginner", without complexity, without new age nonsense, without a lot of words, to help those who are seeking the way.

I have deliberately kept this book as short and concise as possible in order to help the reader to be able to keep the salient points in mind and not be overwhelmed with this knowledge.

Included in this book is the  
**SECRET TO HAPPINESS!**

# Words of Wisdom

*"Mysticism teaches cosmic laws and principles by which we are brought into closer consciousness of our divine power. The mystical experience of union with the One imposes upon the mystic a moral obligation – to use this knowledge for the welfare of others."*

Rosicrucian Manuscript

*"Once we come to know that by the concentration of the mind on one point, on one principle, on one desire, a power is radiated to that point with creative nature and demonstrative abilities, we will think more carefully, more constructively and more efficiently."*

H. Spencer Lewis

*"There is a considerable difference between concentrating upon a dream or hope, and concentrating upon building that dream into realization."*

H. Spencer Lewis

*"The first step is to control and order our thinking. Too many of our failures yesterday were self-created by our own negative thinking. Sooner or later we are going to have to realize and accept that fact. The unhappy consequences of our own negative thinking are going to be presented in our lives repeatedly until finally we realize that we are punishing ourselves. Then we will begin to think positively always and our lives will begin to change. This is nature's way of teaching. It is simply a matter of will to control our thinking. It is just as easy to think that we shall succeed as to think that we shall fail. It is no more difficult to think that we will feel better than to think that we shall decline and feel worse. We need simply to decide whether to expect happiness and good things today, or unhappiness and disappointing experiences. Remember, we create, whether we like it or not!"*

Rosicrucian Manuscript

If you are interested in gaining further light through the following:

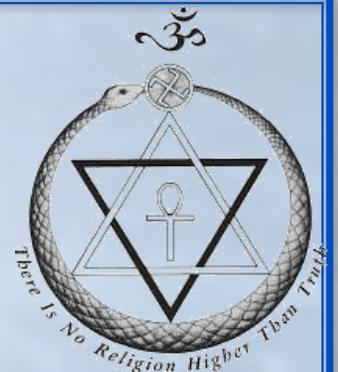
- Comparative Religion, Philosophy and Science
- Investigating the unexplained laws of Nature, and the powers latent in man

Consider joining the Theosophical Society to understand the secrets of nature and science, the true nature of the universe, and your latent powers.

Our motto is: "There is no religion higher than Truth"

For further information, contact:

Rob Lund, President, York Lodge of the Theosophical Society at [robvlund@gmail.com](mailto:robvlund@gmail.com)



## Links

- Lodge Website: [kilwinning565.com](http://kilwinning565.com)

This site has back issues of the newsletter, and many articles.

- District Website: [www.torontowestdistrict.com](http://www.torontowestdistrict.com)

Educational articles can also be found on the District web site.

- Grand Lodge: [www.grandlodge.on.ca](http://www.grandlodge.on.ca)



### Copycat Nando's Peri-Peri Chicken

Submitted by W.B. Rob Lund

Traditional South African Portuguese (?) Chili chicken

#### Ingredients:

- 4 Chicken thighs, skinless bones in
- 4 Bird's eye chilis or red thai chilis
- 4 cloves Garlic
- 1 tsp Oregano
- 1 Red bell pepper
- 1/4 cup Lemon juice
- 1/2 tsp Black pepper
- 1 tsp Kosher salt
- 1 tsp Paprika
- 1 tbsp Olive oil
- 2 tbsp White vinegar



2. Preheat your oven to 425 degrees Fahrenheit. Place chicken on a rack on top of a baking sheet lined with aluminum foil, and make sure to save

#### Method:

1. Add all the ingredients except for the chicken to a blender and blend until smooth. Place chicken and sauce into a bag and press out all the air. Marinate for at least 2 hours, up to 24 hours.

the marinade. Bake for 10 to 15 minutes, baste the chicken with the marinade, and flip. Cook for another 10 to 15 minutes, until chicken is brown and crispy

3. OR throw it on the BBQ.

## Architecture Corner

by W. Bro. Rob Lund

### Architectural features and Glossary (contd.)

#### Jack Arch

A structural element that provides support over an opening in a masonry wall (i.e., made of brick or stone). Jack arches are not actually arch-shaped, but are, instead, flat, and made of individual wedge-shaped bricks or stones held in place through compression.

#### Jacobean Architecture

Architecture constructed in England during the reigns of James I, Charles I, Charles II, and James II (1603-1688); Jacobean architecture followed Elizabethan architecture, and preceded the English Renaissance architecture of Inigo Jones. Jacobean architecture

made use of many classical elements, such as columns, pilasters, and arcades, but it did so in a free and fanciful manner, rather than according to strict classical tradition. Jacobean architecture was revived in the United States the early 20th century.

#### Jettied Story

An upper story of a building that projects out over the story beneath it, common in Colonial American architecture.

#### Lattice-work

A wooden grid of boards overlaid atop an exterior surface. See stick-work.

# Further Light

## Reflections

The Newsletter of the Committee on Masonic Education is published quarterly. Its goal is to make available articles and presentations written for Masons of Ontario.

There is no longer any cost for this magazine as it is included in the Ontario Mason publication, which is emailed to you, and can also be found on the Grand Lodge website. Back issues can also be found there.

Reflections is always seeking articles about Freemasonry written by Freemasons. Please submit them to its Editor, Bro. Andrew Douris, F.C.F., e-mail: deo-non-fortuna@hotmail.com. Articles are often approximately 1,200 words in length. Articles of special merit might be printed in sections over several issues while short articles provide an excellent resource for a brief Masonic Education moment in Open Lodge.

Please adhere to the following deadlines for submissions: Fall issue = August 1, Winter issue = November 1, Spring issue = February 1, Summer issue = May 1.

## College of Freemasonry

The Grand Lodge Committee on Masonic Education offers interesting Correspondence Courses on Masonic Education throughout this Jurisdiction which is comprised of nineteen different modules.

Any Master Mason may take any module individually for \$10.00 each or they may wish to complete a course of study

for a set fee. If a Brother takes an individual module today, and decides to complete a course of study later in time, he will be accredited with the module he has completed prior. In other words, he does not have to pay for or rewrite what he has already completed in the past. There are three courses of study offered by the College of Freemasonry:

1. "The Masonic Arts and Sciences" course (eighteen modules).
2. The "Past Master's course" (eleven modules)
3. The "Worshipful Master course" (eight modules). Any Brother looking to run for the DDGM of heir District or Grand Registrar, the course required by the Book of Constitution, Section 50(b), is the "Past Master's Course". This course is also great for those looking to be a District Secretary.

For those who wish to pay by cheque, please send it to W. Bro. George Warner, 4010 Chadburn Crescent, Mississauga, ON, L5L 3X2. For those who wish to pay via credit card, just fill in the application form and send it to masonic.college@gmail.com, and the Brother will be emailed payment instructions through Paypal (an account is not necessary). If any Brother has any questions, they may email R.W. Bro. Rick Cadotte, FCF, Principal, College of Freemasonry, masonic.college@gmail.com.

You may also get information by going to the Grand Lodge Website, sign in, click

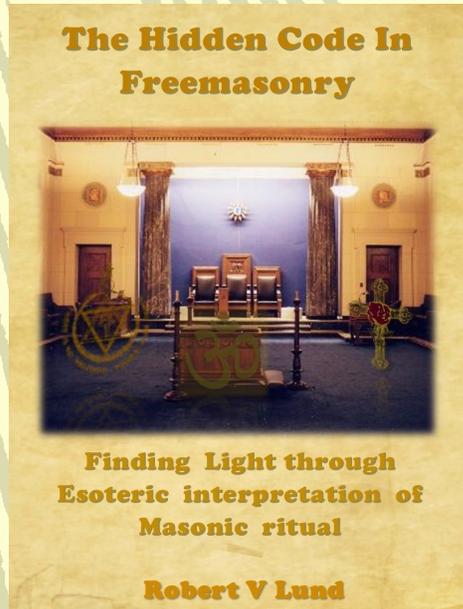
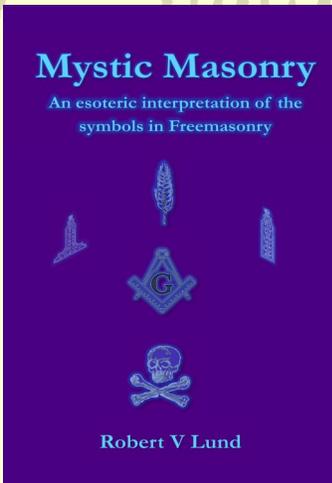
"Membership", then "College of Freemasonry". There are many electronic books and other resources there.

## Heritage Lodge

Heritage Lodge No. 730 G.R.C. was formed to provide an intellectual environment for the pursuit of Masonic knowledge and also to provide a means for receiving and recording historical artefacts to ensure the preservation of our Masonic Heritage without encroaching on the normal functions of Constituent Lodges.

Heritage Lodge accepts, by affiliation in the usual manner, all Masons of like-mind, desirous of working together to fulfil the aims and objectives established by the membership.

The Lodge Secretary is V.W. Bro. Arnold (Mac) McCausland, e-mail: secretary@heritagelodge730.ca. The fee for Affiliation is \$ 55.00 and the annual dues are also \$ 55.00.



# Upcoming Events



## **WARDEN'S ASSOCIATION Of TORONTO WEST**

### **Education Programme**

**2017 - 2018**

Monday, October 1 7:00pm  
OFFICIAL VISIT of Lake Shore No. 645

Thursday, October 11 7:00pm  
OFFICIAL VISIT of Mississauga Lodge No.524

Friday, October 12 7:00pm  
OFFICIAL VISIT of The General Mercer Lodge  
No. 548

Saturday, October 13 9 am (Breakfast at 8 am  
(\$5)

Warden's Association (open to Master Masons)  
Hosted by River Park Lodge  
Streetsville Masonic Temple, 11 Thomas Street,  
Streetsville, Mississauga

Tuesday, October 16 7:00pm  
OFFICIAL VISIT of Peel Lodge 468

**Check the District Web Site for details and updates, more upcoming events, and pictures from past events:**

<http://www.torontowestdistrict.com/calendar.html>

This newsletter was compiled and edited by W. Bro. Rob Lund

Any contribution for content, or comments, can be emailed to [roblund@gmail.com](mailto:roblund@gmail.com)