



Kilwinning 565 News

From The Chair



Busy times ahead!

Greetings Brethren,
I hope this note finds you all well and warm as we move through our fall season. With October behind us, we will be looking to our activities for November and December, remembering that, in addition to our regular work, we will be preparing to advance our officers to their next chairs.

Regarding our November 3rd Emergent meeting, please be advised that, in addition to our business meeting, we will be having a step-up night to practice openings and closings. Also, I encourage mentors to work with their new members to prepare for their advancement. It's the perfect time to practice the floor work and get used to the lodge room. Step-up night is a also a great opportunity for newer members to learn more of the ritual, to try out new work and iron out the wrinkles in mechanics.

I would like to mention that brother Felipe Vazquez will be preparing our banquet for this upcoming Emergent meeting. I'm looking forward to it. We will also be calling on Brother Felipe Vazquez to prove himself in the Third Degree.

I know the past few meetings have been a little thin (degree-wise) but don't let this lull fool you. We have Brethren preparing for their next degrees, and applicants in waiting, so it will prove to be a busy winter session.

Our November 21 Regular meeting will feature our elections and our Remembrance service.

Our December Regular meeting will be our Installation night.

Regarding upcoming degrees, I will be assigning some pieces of the work. So, if you would like to participate in the degree work let me know ASAP.

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Special points of interest:

- *What's been happening*
- *News and reviews*
- *Article*
- *Wisdom*
- *Recipe*
- *What's coming up?*

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This is a busy time of year for many of us, so we may have to be flexible. I encourage you all to participate as much possible. Learn as much as you can and fill in if needed.

Remember that this is *your* Lodge, so express what you would like to see happen and, most of all, lets en-

joy the process.

Have a good weekend and I hope to see you all this Monday.

Sincerely and Fraternally,
W. Bro. Marc Decorte
Worshipful Master

Book Review

W. Bro. Rob Lund

The Secret Psychology of Freemasonry

By Cliff Porter

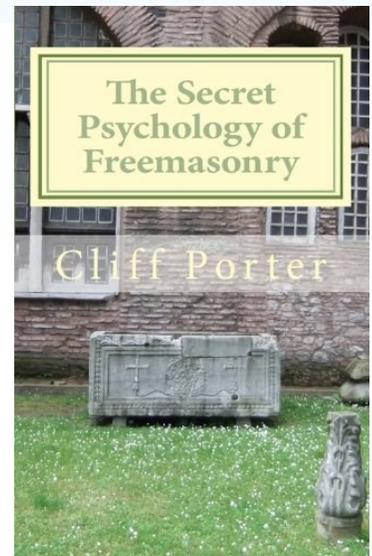
This is the book's synopsis: *"Masonic ritual contains a veiled secret which points toward a hidden psychological current, inherent in the Western Mystical Tradition. This scarcely perceivable sentient science has manifested throughout the ages within the ancient Gnostic schools, the writings of the great Hermetic philosophers, and the noble art of Freemasonry. These institutions have operated as a means of perpetuating a method of personal typology and perception, which is essential to human interaction. The intrinsic numerological correspondences of Craft ritual contain the keys to perfecting this powerful system of communication and the Self. This seminal work provides a practical framework, through which the student can master his own typology, understand the elements of perception, and utilize vital communication techniques which can unlock the very mysteries of human existence. By employing techniques as diverse as Jungian psychoanalysis, Masonic geometry, and alchemical parable, Porter has formulated a unique and timely tome that is certain to revolutionize the perceptions of contemporary Masonic culture and the means by which we articulate ideas. We can detect deception, influence others, effect positive change, and synthesize a unique cognitive vernacular, specifically crafted to convey the most profound Masonic truths."*

After reading this book, I was somewhat bemused. I could not find anything that

showed that the ritual had anything special from a psychological aspect, apart from the initiatic experience which is something we are all already aware of. Perhaps there was something subtle that I didn't understand, and missed the point.

I can definitely say that this is a book on Psychology—it defines different people by type. This knowledge can be used to more effectively communicate with others, but there is nothing specifically Masonic—this is for general use in any environment. Nowhere do I find that the ritual is *"perpetuating a method of personal typology and perception"* as claimed in the synopsis, or *"techniques which can unlock the very mysteries of human existence"*. Nor did I find anything that will *"revolutionize the perceptions of contemporary Masonic culture."*

Maybe I'm just too dense.



Ancient Wisdom

Natural Law—Part 1

This article is an introduction to Natural Law - the Cosmic Law - the law of the universe. What you are about to read is ancient, sacred knowledge, and is taught by all the mystery schools.

This knowledge normally finds its way to seekers of truth and light, at some time in their lives.

What is Natural Law? Let's first look at a dictionary definition of the words:

NATURAL:

- Inherent;
- Having a basis in Nature, Reality and Truth;
- Not made or caused by humankind.

LAW:

- An existing condition which is binding and immutable (cannot be changed).

These definitions express the meaning of Natural Law very well, but provide no hint as to their content.

Natural Law is ultimately expressed through seven Basic Principles (also referred to as Hermetic Principles).

“Those who know and adhere to these Principles possess the Key through which the Wisdom of the Universe is unveiled.”

This includes the reason for your being!

It is very important to note that **these principles exist and are in operation, whether you believe in them or not!**

This law operates throughout the universe, on both the material and invisible planes.

The general Principles of NATURAL LAW have come to us from ancient Egyptian times, and can be distilled into seven principles (also known as the Hermetic Principles):

1. The Principle of Mentalism
2. The Principle of Correspondence
3. The Principle of Vibration
4. The Principle of Polarity
5. The Principle of Rhythm
6. The Principle of Cause and Effect
7. The Principle of Gender

The American Declaration of Independence contains some phrases which are very interesting in this regard:

*“When in the Course of human events it becomes necessary for one People to dissolve the political bands which have connected them with another and to assume among the Powers of the Earth, the separate and equal station to which the **Laws of Nature** and of **Nature's God** entitle them, a decent respect to the opinions of Mankind requires that they should declare the causes which impel them to the separation.”*

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We will examine each of these principles in the next few issues of this newsletter.

The Principle of Mentalism

“THE ALL is MIND; The Universe is Mental.”

This principle is also known as the **Law of Thought** by some mystery schools.

The substantial reality (the ALL), which underlies all the outward manifestations and appearances of the material Universe, matter, energy, and all that is apparent to our material senses, is SPIRIT.

SPIRIT, in itself, is unknowable and undefinable, but may be thought of as a universal, infinite, living MIND.

The universe is simply a mental creation of THE ALL. The universe, as a whole, has its existence in the Mind of THE ALL, in which Mind we live and move and have our being.

As in the following principle, the Principle of Correspondence (“as above, so below”), this principle can be applied by humanity.

The mind can be the origin of material manifestations, and can be used for well-being and advancement.

Think about this very carefully.

This Principle shows that energy, power, and matter are subordinate to Mastery of Mind.

“He who grasps the truth of the Mental Nature of the Universe is well advanced on The Path to Mastery.”

This statement conceals one of the greatest philosophical, scientific and religious truths!

Consider an artist thinking about a painting. The image forms in his mind and therefore contains some essence of the artist. So, the painting is in the mind of the artist, and the artist is in the painting. But, the painting is not the artist.

So are we in the mind of the Creator, and the Creator is in us, but we are not the Creator.

“While all is in THE ALL, it is equally true that THE ALL is in all. To him who truly understands this truth hath come great knowledge.”

Links

- **Lodge Website:** kilwinning565.com

This site has back issues of the newsletter, and many articles.

- **District Website:** www.torontowestdistrict.com

- Educational articles can also be found on the District web site.
- **Grand Lodge:** www.grandlodge.on.ca

London Broils

Recipe by Chef Bro. Phil Horrigan



Ingredients:

- 1 lb. ground beef
- 1 lb. Italian sausage
- 2 tbsp. fresh chopped thyme
- 2 tbsp. fresh chopped parsley
- 1 lg. grated onion (no juice)
- 1 beaten egg
- 1/2 cup fresh bread crumbs
- 1 tbsp. chopped garlic
- Flank steak (pounded flat)
- 1 lb. thick cut bacon
- Butchers twine or tooth picks
- Salt and pepper

Method:

1. Mix ground meats, egg, thyme, parsley, grated onion, bread crumbs, chopped garlic, and salt and pepper to taste. (I like to cook some off to taste test it. I've heard of people adding diced roasted peeled red pepper). Add more bread crumbs if mix is too loose.

2. THE FLANK STEAK.... The thinner the steak is pounded the easier it is to roll. However, too thin and the meat is too dry. I like to pound it out to about 1/2 inch thick. Take a long sheet of plastic wrap or wax /parchment paper and place the steak on one side of the plastic wrap or paper and fold the other half on top of the steak. Using a meat tenderizer, or something heavy and non-breakable, hammer the meat to desired thickness. Triangle shaped meat makes for best results. Remove wrap and season both sides.
3. THE BACON... My mom liked cooking the bacon 3/4's and it would be between the ground meat and flank steak. I like to wrap it around the steak and tie in place. If you would like the bacon on the inside, read on. If you would like to wrap it around the steak, go to number 4. Lay the pounded steak length-wise, facing you. Lay bacon slightly over lapping vertically across the meat. Form the ground meat into a tubular shape, and place it along the bottom, and roll till both sides of the steak overlap about an inch. Figure out how thick you want your London broil slices and cut that many strings of butcher twine or tooth picks. Place tooth picks or tie twine in regular intervals and cut into individual steaks. Ready for the broiler, grill ORRRR cedar planked like the picture. FYI... Could be done without bacon, but why would ya?
4. To wrap the bacon around the steak, lay the pounded steak lengthwise facing you, and form the ground meat into a tubular shape. Then place it along the bottom of the steak, and roll till both sides of the steak overlap about an inch. Figure out how thick you want your London broil slices you want and wrap uncooked, thick cut, and stretched out bacon slice, around the meat in the middle of each individual steak. Tightly tie bacon off with twine or tooth picks and it's ready to cook.

Enjoy!

If there is anyone who would like to share a recipe they love, please do so by sending it to Phil at philandsteph@rogers.com

Upcoming Events

WEST TORONTO MASONIC TEMPLE CHRISTMAS CONCERT

FEATURING ORGANIST

CLARENT CARELSE

FRIDAY, DECEMBER 5

HOSTED BY KING HIRAM LODGE 566

CLICK FOR DETAILS

November 2014

Sat Nov 1, 2014 - 9am Breakfast 8:00am
Warden's Association Meeting

Tue Nov 4, 2014 - 7:30pm Banquet 6:30pm
Official Visit to River Park Lodge 356

Mon Nov 17, 2014 - 7:30pm Banquet 6:00pm
Official Visit to Mount Moriah Lodge 727

Tue Nov 18, 2014 - 7:30pm Banquet 6:15pm
Installation at Victoria Lodge 474

Mon Nov 24, 2014 - 7:30pm IBanquet 6:30pm
Installation at Chinguacousy Lodge 738

Fri Nov 28, 2014 - 7:30pm Banquet 6:30pm
Official Visit to Prince of Wales Lodge 630

December 2014

Friday, Dec 5 7:00pm
West Toronto Masonic Temple Christmas Concert

Saturday, Dec 6 9:00am Breakfast 8:00am
Warden's Association Meeting

Thursday, Dec 11 7:30pm Banquet 6:30pm
Installation at Mississauga Lodge 524

Friday, Dec 19 7:30pm Banquet 6:30pm
Installation at Kilwinning Lodge 565

**Check the District Web Site for more upcoming events,
and for updates, and pictures from past events:**

<http://www.torontowestdistrict.com/calendar.html>