



Kilwinning 565 News

From The Chair



A Busy Time!

Greetings from the East, Brethren, land and a stirring Immortal Memory provided by VW John Wolecki of Maple Leaf lodge #600.

As you all know, January and February are busy months for Kilwinning. As the month draws to a close, we can look back on successful degree work and terrific social events.

January was a busy month starting with the initiation of our newest brother, Bro. Michael Siu. This was a great evening, and our Junior Warden Bro. Philip Horrigan provided an excellent banquet with the help of Brother Kevin Young's wife, Liz. Our Burns night was an extremely good event, and a great success. With the Bold Step Dancers, the Kilwinning Pipes and Drums, led by our own Grand Piper V.W. Bro Alex Munroe, and a fantastic meal of Scotch pies, peas, 'neeps and, of course, the haggis. We again were treated with the address to the haggis presented by our own RW Bro Andrew MacLel-

February brings many more great opportunities for fellowship and engagement. Most importantly we have 4 -5 big events in our temple that we should be attending in numbers. These are: **Feb 2 Emergent-initiation of Mr. Lenno Britos;** Feb 6-DDGM King Hiram lodge Official visit; Feb 17-DDGM Victoria lodge Official visit;

Feb 20 - DDGM Kilwinning Official visit (that's right, that's us!) Please plan to attend!; Feb 27- Installation Prince of Wales.

This brings me to an important initiative that myself and Masters of our temple have been working on. We are all aware that Masonry depends on a solid understanding of

(Continued on page 2)

Inside this issue:

From The Chair	1
Book Review—New Atlantis	2
Ancient Wisdom—Natural Law (contd.)	3
Links	4
Chef's Corner	5
Upcoming Events	7

Special points of interest:

- *What's been happening*
- *News and reviews*
- *Wisdom*
- *Recipe*
- *What's coming up?*
- *Opportunity for further light*

mutual support. This support is demonstrated by visiting and supporting the other lodges in our temple and by supporting district events. We urge all Masons of the Annette St Temple to participate. The rest of the year is pretty smooth sailing, so please get out to a few of these events.

Best regards to all and I wish you a peaceful and prosperous month.

Sincerely and Fraternally,
W. Bro. Marc Decorte

Book Review

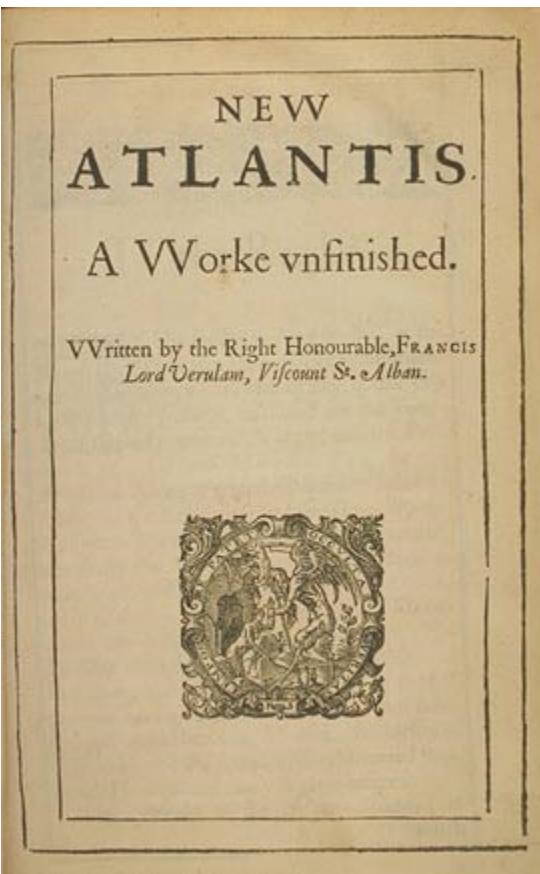
W. Bro. Rob Lund

New Atlantis

By Sir Francis Bacon

Published in 1626, this seems to be Bacon's vision of a perfect society. Bacon was esteemed by scholars and scientists over the centuries for his important contributions to politics, law, literature, philosophy and science. He was, I think, a Mason and definitely a Rosicrucian.. He is strongly suspected of being the real author of the Shakespearian plays.

The story is about a fictitious merchant sea captain who tells of his experiences on an island called Bensalem (New Atlantis) and of the enlightened people who lived there. . The captain alone was allowed to hear about the most important Bensalemite institu-



tion, the Order of Salomon's House. The name Bensalem seems to bear a reference to the idea of a New Jerusalem, and the name Salomon obviously is a reference to Solomon.

The activities of the House of Salomon show unrestricted Research (the study of nature), advanced knowledge of healing, agriculture, and science. Machines, even flying devices, are mentioned. "*The End of our Foundation is the Knowledge of Causes and secret motion of things, and the enlarging of the bounds of Human Empire, to the affecting of all things possible*"

The blending of religion and science seems to be the general theme. These ideas must have been what drove Bacon to initiate the so-called Invisible College which eventually became the Royal Society of London.

This book is short (it is unfinished), not exciting as a novel, but certainly shows the importance of issues in Bacon's time, which we have, today, to a large degree, thankfully, overcome.

Ancient Wisdom

Natural Law—Part 4

This article continues an introduction to Natural Law - the Cosmic Law - the Law of the Universe.

The general Principles of NATURAL LAW have come to us from ancient Egyptian times, and can be distilled into seven principles (also known as the Hermetic Principles):

1. The Principle of Mentalism
2. The Principle of Correspondence
3. The Principle of Vibration
4. The Principle of Polarity
5. The Principle of Rhythm
6. The Principle of Cause and Effect
7. The Principle of Gender

We will examine each of these principles in the next few issues of this newsletter.

The previous edition covered the Principle of Polarity.

The Principle of Rhythm

“Everything flows, out and in; everything has its tides; all things rise and fall; the pendulum-swing manifests in everything; the measure of the swing to the right is the measure of the swing to the left; rhythm compensates.”

This Principle embodies the truth that in everything there is manifested a pendulum-like movement; a swing backward and forward; a tide-like ebb and flow; between the two poles which exist in accordance with the Principle of Polarity described previously.

There is always an action and a reaction; an advance and a retreat; a rising and a sinking. This happens in the workings of the Universe, suns, worlds, men, animals, mind, energy, and matter. This law is manifest in the creation and destruction of worlds; in the rise and fall of movements, philosophies, creeds, fashions, governments, nations; in the life of all things.

“In everything there is manifested a pendulum-like movement; a swing backward and forward; a tide-like ebb and flow; between the two poles”

With the manifestations of Spirit, there is an outpouring and an in-drawing. Universes are created, reach their extreme low point of materiality, and then begin their upward swing.

All living things are born, grow, and die, and then are reborn.

“The measure of the swing to the right is the measure of the swing to the left; rhythm compensates.”

It manifests in the mental states of Man and it is with this that the understanding of the Principle is most important. Grasping this Principle and finding its universal application provides certain means to overcome its effects in oneself, by the use of the appropriate formulas and methods.

Mystics learn how to use it, instead of being used by it. The Master of Hermetics polarizes himself at the point at which he desires to rest, and then neutralizes the Rhythmic swing of the

(Continued on page 4)

pendulum which would tend to carry him to the other pole. All individuals who have attained any degree of Self-Mastery do this to a certain degree, almost unconsciously, but the Master does this consciously, by the use of his will, and attains a degree of mental firmness.

Consider that the majority of people are creatures of moods, feelings and emotion, and how little mastery of themselves they manifest. Consider also how much these swings of Rhythm have affected you in your life: how a period of Enthusiasm has been invariably followed by an opposite feeling and mood of Depression; or periods of Courage have been succeeded by equal moods of Fear. It has always been so with the majority of persons: tides of feeling have ever risen and fallen with them, but they have never suspected the cause or reason of the mental phenomena. An understanding of the workings of this Principle will give one the key to the Mastery of these rhythmic swings of feeling, and will enable one to know oneself better and to avoid being carried away by these inflows and outflows.

The Will is superior to the conscious manifestation of this Principle, although the Principle itself can never be destroyed. We may escape its effects, but the Principle always operates.

While the Principle of Rhythm is invariable, and always evident in mental phenomena, there are

two planes of its manifestation. There are two general planes of Consciousness, the Lower and the Higher. Understanding this enables one to rise to the higher plane and thus escape the swing of the Rhythmic pendulum which manifested on the lower plane. In other words, the swing of the pendulum occurred on the Unconscious Plane, and the Consciousness was not affected. This is called the Law of Neutralization. It consists of raising of the Ego above the vibrations of the Unconscious Plane of mental activity, so that the negative-swing of the pendulum is not manifested in consciousness, and therefore they are not affected. It's like rising above a thing and letting it pass beneath

Understanding this enables one to rise to the higher plane and thus escape the swing of the Rhythmic pendulum which manifested on the lower plane

you. The Hermetic Master, or advanced student, polarizes himself at the desired pole, and by "refusing" to participate in the backward swing, or, if you prefer, a "denial" of its influence over him, he stands firm in his polarized position, and allows the mental pendulum to swing back along the unconscious plane.

This Principle, and that of Polarity, are closely connected, and have long been studied by Mystics. The methods of counteracting, neutralizing, and using them, form an important part of the Hermetic Mental Alchemy.

Links

- **Lodge Website:** kilwinning565.com

This site has back issues of the newsletter, and many articles.

- **District Website:** www.torontowestdistrict.com

- Educational articles can also be found on the District web site.
- **Grand Lodge:** www.grandlodge.on.ca

Steph's Pickled Blueberries

Recipe from Bro. Phil Horrigan

This recipe is, I guess, from Bro. Horrigan's wife, Steph.

It seems to be a kind of relish, that would be called a Chutney in some parts of the world. This would accompany meat, chicken, or fish dishes.

This recipe could also be considered as a jam, to be spread on your favourite bread.



Ingredients:

- 3 X 3" long sticks of cinnamon
- 1 tbsp. whole clove
- 1 tbsp. whole allspice berries
- 2 cups red wine vinegar
- 8 cups fresh blueberries (washed and picked through)
- 1 cup white sugar
- 1 cup brown sugar

Method:

Place the cinnamon sticks, cloves, and allspice berries onto the center of a 8 inch square piece of cheesecloth. Gather together the edges of the cheesecloth, and tie with kitchen twine to secure.

Place spice sachet into a large saucepan and pour in the vinegar. Bring to a simmer over medium heat and cook for 5 minutes. Stir blueberries into the vinegar and cook until heated through, about 5 minutes. As the blueberries heat, gently shake the pot. Do not stir— to avoid breaking the berries. Remove from heat, cover, and let stand at room temperature for 8 to 12 hours.

Pour berries and liquid into a colander set over a bowl. Remove spice sachet. Transfer berries to hot, sterilized canning jars; reserve the liquid. Return liquid to saucepan and place over high heat. Stir in the white and brown sugars; bring to a boil. Boil until thickened, about 4 minutes.

Ladle hot syrup over berries, leaving 1/2 inch headspace. Wipe the rims of the jars with a moist paper towel to remove any food residue. Top with sterilized lids; and screw on rings.

Place a rack in the bottom of a large stockpot and fill halfway with water. Bring to a boil over high heat, then carefully lower the jars into the pot. Leave a 2 inch space between the jars. Pour in more boiling water if necessary until the water level is at least 1 inch above the tops of the jars. Bring the water to a full boil, cover the pot, and boil for 15 minutes. Remove. Done!



If there is anyone who would like to share a recipe they love, please do so by sending it to Phil at philandsteph@rogers.com

Further Light

Reflections

The Newsletter of the Committee on Masonic Education is published quarterly. Its goal is to make available articles and presentations written for Masons of Ontario.

The cost of a yearly subscription is only \$ 18.00 for the 2014 Masonic Year and can be ordered by writing to "Masonic Education Newsletter", c/o the Subscription Manager for the Reflections Newsletter: R.W. Bro. Lindsay Reiach, 41 Dunrobin Drive, Caledonia, Ontario, N3W 2N. Lreiachz@shaw.ca. 905 765 8341. Your cheque should be made out to "Masonic Education Newsletter". Please indicate your Lodge's name and number, your District's name, your name and the mailing address where you would like to receive this publication.

Reflections is always seeking articles about Freemasonry written by Freemasons. Please submit them to its Editor, Bro. Andrew Douris, F.C.F., e-mail: deo-non-fortuna@hotmail.com. Articles are often approximately 1,200 words in length. Articles of special merit might be printed in sections over several issues while short articles provide an excellent resource for a brief Masonic Education moment in Open Lodge. Please adhere to the following deadlines for submissions: Fall issue = August 1, Winter issue = November 1, Spring issue = February 1, Summer issue = May 1.

College of Freemasonry

The Grand Lodge Committee on Masonic Education offers interesting Correspondence Courses on Masonic Education throughout this Jurisdiction which is comprised of nineteen different modules. Any Master Mason may take any module individually for \$10.00 each or they may wish to complete a course of study for a set fee. If a Brother takes an individual module today, and decides to complete a course of study later in time, he will be accredited with the module he has completed prior. In other words, he does not have to pay for or rewrite what he has already completed in the past. There are three courses of study offered by the College of Freemasonry:

1. "The Masonic Arts and Sciences" course (eighteen modules).

2. The "Past Master's course" (eleven modules)
3. The "Worshipful Master course" (eight modules). Any Brother looking to run for the DDGM of their District or Grand Registrar, the course required by the Book of Constitution, Section 50(b), is the "Past Master's Course". This course is also great for those looking to be a District Secretary.

For those who wish to pay by cheque, please send it to W. Bro. George Warner, 4010 Chadburn Crescent, Mississauga, ON, L5L 3X2. For those who wish to pay via credit card, just fill in the application form and send it to masonic.college@gmail.com, and the Brother will be emailed payment instructions through Paypal (an account is not necessary). If any Brother has any questions, they may email R.W. Bro. Rick Cadotte, FCF, Principal, College of Freemasonry, masonic.college@gmail.com.

You may also get information by going to the Grand Lodge Website, sign in, click "Membership", then "College of Freemasonry". There are many electronic books and other resources there.

Heritage Lodge

Heritage Lodge No. 730 G.R.C. was formed to provide an intellectual environment for the pursuit of Masonic knowledge and also to provide a means for receiving and recording historical artefacts to ensure the preservation of our Masonic Heritage without encroaching on the normal functions of Constituent Lodges.

Heritage Lodge accepts, by affiliation in the usual manner, all Masons of like-mind, desirous of working together to fulfil the aims and objectives established by the membership.

The Lodge Secretary is R.W. Bro. Kenneth E. Campbell, e-mail: heritagelod730@xplornet.com. The fee for Affiliation is \$ 55.00 and the annual dues are also \$ 55.00. R.W. Bro. Robert C. McBride is the Heritage Lodge Regional Liaison Chairman for the Ontario, Peterborough and Victoria Districts. He can be reached by sending an e-mail to ddg-m2007@nexicom.net.

Upcoming Events

*“The Masonic Empire
of Thomas Dunckerley
England to Quebec and the
Broad Oceans In-between”*



Sunday, March 22, 2015 | 3 PM

Brock University | 500 Glenridge Ave., St. Catharines, Ontario

www.sankeylectures.ca

Click Here For More Details

February 2015

Fri Feb 6, 2015 7:30pm - 10:30pm
Official Visit to King Hiram Lodge 566

Sat Feb 7, 2015 8am - 11am
Warden's Association Meeting

Thu Feb 12, 2015 7:30pm - 10:30pm
Official Visit to Connaught Lodge 501

Fri Feb 13, 2015 7:30pm - 10:30pm
Official Visit to Joseph A. Hearn Lodge 685

Tue Feb 17, 2015 7:30pm - 10:30pm
Official Visit to Victoria Lodge 474

Fri Feb 20, 2015 7:30pm - 10:30pm
Official Visit to Kilwinning Lodge 565

Fri Feb 27, 2015 7:30pm - 10:30pm
Installation at Prince of Wales Lodge 630

March 2015

Tue Mar 3, 2015 7:30pm - 10:30pm
Official Visit to South Gate Lodge 674

Thu Mar 5, 2015 7:30pm - 10:30pm
Official Visit to Unity Lodge 710

Sat Mar 7, 2015 8am - 11am
Warden's Association Meeting

Thu Mar 12, 2015 7:30pm - 10:30pm
Official Visit to University Lodge 496

Tue Mar 17, 2015 7:30pm - 10:30pm
Official Visit to Long Branch Lodge 632

Fri Mar 20, 2015 7:30pm - 10:30pm
Official Visit to Anthony Sayer Lodge 640

Sun Mar 22, 2015 3pm - 4pm
Sankey Lecture at Brock University

Wed Mar 25, 2015 7:30pm - 10:30pm
Official Visit to West Gate Lodge 734

**Check the District Web Site for more upcoming events,
and for updates, and pictures from past events:**

<http://www.torontowestdistrict.com/calendar.html>